BRITISH GAS LANCASHIRE WP&SA. AGE GROUPS & CHAMPIONSHIPS 2014

License Nos. CC4086 & CC4087

CONDITIONS

 1. The Age Groups and Championships will be held at Picton Pool Wavertree on

 8th & 9th March 2014 and at Manchester Aquatic Centre on 15th & 16th March 2014.

 2. Closing Date for entries is Monday 17th February 2014.

3. Age on the day will be as of midnight 16th March 2014. Junior Championship age is 16 or under as of midnight 16th March 2014.

4. Entry fees shall be £5.00 per event.

5. Coaches requiring access to the poolside must be a member of a club competing in the Age Groups and Championships and be in possession of a pass issued by Lancashire WP&SA by completion of the appropriate form. It is mandatory that all coaches comply with the relevant ASA Child Safeguarding procedures and have an up to date CRB certificate.

6. Qualifying Times 25m pool, or long course conversion (See section17) from a licensed meet since 1st April 2013 are required for all events. Please check the correct age group is entered relative to the swimmers date of birth. It is permissible for split times to be used for entries providing that the split time is less than or equal to the appropriate consideration time. Evidence of the achievement of this split time must accompany the entry. No Refunds for mistakes. Checks will be made against the current ASA ranking data base. Any swimmer found to be submitting false times may be subject to rejection in all events.

7. Eligibility for entry. The competitions shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to Lancashire WP & SA. No individual may compete in the Age Groups and Championships if he or she has competed in another equivalent county championships’ in the same calendar year. A swimmer must have been a member of the club in whose name they are entered, and registered as such with the ASA at the closing date for entries.

 8. Disability Conditions

 8.1 The general conditions for the Lancashire Age Group and County Championships shall apply to disability competitors except where varied by any of the following conditions.

8.2 Swimmers with the indicated classifications will be accepted for the following events:

• Freestyle 50m, 100m, (S1 to S14); 200m (S1 to S5 and S14); 400m (S6 to S14)

• Backstroke 50m (S1 to S5), 100m (S6 to S14)

• Butterfly 50m (S1 to S7), 100m (S8 to S14)

• Breaststroke 50m (SB1 to SB3), 100m (SB4 to SB9 and SB11 to SB14)

• Individual Medley 200m (SM5 to SM14)

 8.3 All competitors must:

• Have an authorised British Swimming, IPC or INAS-FID Classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry OR a valid Certificate of Disability issued by the ASA at the time of entry.

• The Certificate of Disability must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

 8.4 Qualifying times for disability competitors with are shown in section 18 and must have been achieved between the 1st April 2013 and 16th February 2014.

 8.5 Personal Care Attendants/Coaches will be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.

 8.6 Competition format:

• The competition format will be based on disability inclusion within the able bodied programme.

• All swimmers will be seeded in the heats according to their entry times.

• Disability competitors will be included within the results for their age group.

• There will be no separate disability results.

9. Awards: Medals awarded to first three in Championships and Age Groups.

10. Details on the entry forms should be as per the swimmers ASA Category 2 Membership Registration. Please check that your swimmers (including 9yr olds) are Category 2 registered, their ASA ID number, times and other details are correct before submitting. For processing of entries all details must be fully completed. Entries sent without fee, with entries incorrectly made out or declaration not signed may not be accepted. No refunds for entries incorrectly submitted.Entries to be submitted electronically using Sportsystem software by an authorised club official. Cheques payable to Lancashire WP&SA.

 11. Overhead starts will be used. All events are heat declared.

12. Withdrawals must be made at least one hour before the start of the session either on an official withdrawal form or by telephoning 07508 427444 at times to be advised. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided.

Fines – A fine of £10 may be levied in respect of each competitor that fails to withdraw and does not swim (except in the case of genuine illness or of a proven emergency). Each “no show” may be subject to a separate fine of £10. Fines will be levied on the competitors’ club and the individual(s) concerned shall not be eligible to swim in any future Lancashire WP&SA event until the fine has been paid.

13. Competitors are responsible for presenting themselves to the clerks of the course one event prior to the one in which they are competing. It is the swimmers’ responsibility to be at the start in time for the race.

14. Restriction of entries. The promoter reserves the right to restrict entries in the interest of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the promoter. A refund will be given to competitors whose entry is denied where this condition has been exercised.

15. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Hon. Championship Secretary and may be referred to the Lancashire WP&SA Executive Committee at a later date.

**16. Disability Qualifying Times**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Freestyle** | **Back** | **Fly** |  | **Breast** |  | **IM** |
| **50m** | **100m** | **200m** | **400m** | **50m** | **100m** | **50m** | **100m** |  | **50m** | **100m** |  | **100m** | **200m** |
| **S1** | **Boys** | 02:18.9 | 04:37.3 | 09:49.5 |  | 02:19.4 |  | 00.00 |  | **SB1** | 02:41.1 |  |  |  |  |
| **Girls** | 3.46.7 | 07:52.1 | 11:15.6 |  | 04:14.3 |  | 2.47.4 |  | 03:51.6 |  |  |  |
| **S2** | **Boys** | 01:46.2 | 03:50.9 | 08:19.1 |  | 01:46.9 |  | 02:18.9 |  | **SB2** | 01:39.4 |  |  |  |  |
| **Girls** | 2.07.3 | 04:24.3 | 10:12.7 |  | 01:50.7 |  | 00.00 |  | 02:24.8 |  |  |  |
| **S3** | **Boys** | 01:16.2 | 02:48.2 | 06:10.2 |  | 01:19.0 |  | 01:47.8. |  | **SB3** | 01:25.3 |  |  |  |  |
| **Girls** | 1.21.5 | 02:59.2 | 08:02.4 |  | 01:54.3 |  | 01:57.3 |  | 02:01.8 |  |  |  |
| **S4** | **Boys** | 01:06.4 | 02:24.4 | 05:08.7 |  | 01:17.9 |  | 01:21.0 |  | **SB4** |  | 02:45.2 |  |  |  |
| **Girls** | 1.16.9 | 02:46.6 | 05:46.2 |  | 01:31.4 |  | 02:52.1 |  |  | 03:17.4 |  |  |
| **S5** | **Boys** | 00:56.1 | 02:08.1 | 04:37.3 |  | 01:06.0 |  | 01:03.2 |  | **SB5** |  | 02:42.6 | **SM5** |  | 05:51.8 |
| **Girls** | 01:02.0 | 02:18.8 | 04:55.2 |  | 01:23.3 |  | 01:14.8 |  |  | 03:05.7 |  | 05:54.5 |
| **S6** | **Boys** | 00:51.1 | 01:55.6 |  | 08:49.7 |  | 02:09.1 | 00:53.4 |  | **SB6** |  | 02:25.0 | **SM6** |  | 04:39.4 |
| **Girls** | 01:00.7 | 02:09.4 |  | 09:27.3 |  | 02:26.5 | 01:04.4 |  |  | 02:50.8 |  | 05:30.2 |
| **S7** | **Boys** | 00:48.2 | 01:44.5 |  | 08:00.3 |  | 02:02.0 | 00:52.2 |  | **SB7** |  | 02:19.4 | **SM7** |  | 04:27.2 |
| **Girls** | 00:56.6 | 02:03.3 |  | 09:02.1 |  | 02:25.0 | 01:01.2 |  |  | 02:40.2 |  | 05:11.1 |
| **S8** | **Boys** | 00:44.7 | 01:38.2 |  | 07:39.8 |  | 01:50.6 |  | 01:44.0 | **SB8** |  | 02:00.7 | **SM8** |  | 04:09.2 |
| **Girls** | 00:53.0 | 01:54.8 |  | 08:37.7 |  | 02:15.7 |  | 01:59.3 |  | 02:20.1 |  | 04:35.0 |
| **S9** | **Boys** | 00:43.8 | 01:36.0 |  | 07:15.7 |  | 01:48.3 |  | 01:41.8 | **SB9** |  | 01:54.5 | **SM9** |  | 03:54.8 |
| **Girls** | 00:49.7 | 01:48.1 |  | 08:00.8 |  | 02:00.6 |  | 01:59.1 |  | 02:14.1 |  | 04:25.5 |
| **S10** | **Boys** | 00:40.6 | 01:29.7 |  | 07:01.9 |  | 01:43.2 |  | 01:38.1 |  |  |  | **SM10** |  | 03:48.5 |
| **Girls** | 00:48.2 | 01:44.4 |  | 07:51.2 |  | 01:57.3 |  | 01:57.1 |  |  |  | 04:18.5 |
| **S11** | **Boys** | 00:44.7 | 01:41.3 |  | 07:58.9 |  | 01:55.9 |  | 01:48.1 | **SB11** |  | 02:05.8 | **SM11** |  | 04:08.9 |
| **Girls** | 00:53.3 | 01:58.3 |  | 08:57.7 |  | 02:15.3 |  | 02:26.0 |  | 02:32.9 |  | 05:03.8 |
| **S12** | **Boys** | 00:41.4 | 01:30.2 |  | 07:13.1 |  | 01:44.6 |  | 01:40.7 | **SB12** |  | 01:55.2 | **SM12** |  | 03:48.1 |
| **Girls** | 00:46.8 | 01:42.0 |  | 07:55.5 |  | 01:58.0 |  | 01:56.5 |  | 02:15.5 |  | 04:12.8 |
| **S13** | **Boys** | 00:40.9 | 01:28.9 |  | 06:57.9 |  | 01:41.1 |  | 01:35.8 | **SB13** |  | 01:54.0 | **SM13** |  | 03:41.2 |
| **Girls** | 00:47.4 | 01:43.8 |  | 08:27.6 |  | 02:08.4 |  | 01:54.9 |  | 02:18.5 |  | 04:15.6 |
| **S14** | **Boys** | 00:43.0 | 01:34.3 | 03:23.6 | 07:19.5 |  | 01:47.4 |  | 01:44.8 | **SB14** |  | 01:55.7 | **SM14** |  | 03:55.3 |
| **Girls** | 00:48.5 | 01:44.7 | 03.44.2 | 08:10.4 |  | 01:56.9 |  | 02:01.6 |  | 02:16.2 |  | 04:19.3 |

**17. LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION**

#  2014 CONSIDERATION TIMES

**BOYS County Consideration Times Short Course Pool**

**EVENT 9 10 11 12 13 14 15 16 OPEN**

**50m Freestyle 41.9 38.3 36.7 33.9 31.6 30.1 29.0 29.0 28.2**

**100m Freestyle 1:14.3 1:11.3 1:06.5 1:03.5 1:02.5 1:02.5 1:00.8**

**200m Freestyle 3:22.7 2:54.4 2:43.2 2:32.2 2:23.4 2:19.0 2:13.8 2:13.8 2:10.6**

**400m Freestyle 6.13.2 5:40.3 5:21.4 5:04.2 4:49.9 4:39.9 4:39.9 4.37.9**

**1500m Freestyle 20:10.09 20:10.9 19:07.7 18:29.4 18:00.0 18:00.0 17:50.0**

**50m Breaststroke 55.2 50.1 46.3 42.4 39.0 37.0 35.5 35.5 33.8**

**100m Breaststroke 1:35.1 1:32.1 1:25.0 1:20.5 1:17.5 1:17.5 1:16.0**

**200m Breaststroke 4:22.5 3.52.5 3:34.9 3:17.2 3:03.7 2:52.0 2:50.1 2:50.1 2:45.0**

**50m Butterfly 47.6 41.9 38.9 36.8 33.0 32.0 30.5 30.5 29.4**

**100m Butterfly 1:24.6 1:21.6 1:15.0 1:11.7 1:07.5 1:07.5 1:05.4**

**200m Butterfly 4:20.6 3:38.3 3:18.7 3:00.2 2:45.9 2:38.3 2:28.5 2:28.5 2:24.4**

**50m Backstroke 48.5 43.2 40.1 36.9 34.2 32.4 31.4 31.4 30.8**

**100m Backstroke 1:24.6 1:21.3 1:15.7 1:14.2 1:08.3 1:08.3 1:07.0**

**200m Backstroke 3:45.2 3:18.2 3:08.2 2:51.4 2:39.6 2:32.9 2:26.3 2:26.3 2:24.3**

**200m Individual Medley 3:44.5 3:25.0 3:11.3 2:53.4 2:41.4 2:34.6 2:28.2 2:28.2 2:26.3**

**400m Individual Medley 6:14.4 6:14.4 5:54.0 5:36.4 5:25.6 5:25.6 5:20.3**

**GIRLS County Consideration Times Short Course Pool**

**EVENT 9 10 11 12 13 14 15 16 OPEN**

**50m Freestyle 41.9 38.1 36.2 33.2 31.8 31.0 30.9 30.9 30.3**

**100m Freestyle 1:16.1 1:11.2 1:08.1 1:06.8 1:05.8 1:05.8 1:05.1**

**200m Freestyle 3:22.7 2.55.1 2:44.3 2:32.5 2:28.5 2:25.0 2:24.8 2:24.8 2:22.5**

**400m Freestyle 6:08.5 5:42.4 5:24.4 5:06.8 4:58.9 4:56.6 4:56.6 4:59.0**

**800m Freestyle 10:30.3 10:30.3 10:12.5 10:02.5 9:55.7 9:55.7 9:52.4**

**50m Breaststroke 55.2 49.4 45.6 42.4 40.3 39.1 38.4 38.4 38.3**

**100m Breaststroke 1:37.5 1:32.8 1:26.1 1:24.4 1:22.5 1:22.5 1:22.0**

**200m Breaststroke 4:22.5 3:49.7 3:30.2 3:15.6 3:07.3 3:03.0 3:01.5 3:01.5 3:00.1**

**50m Butterfly 47.6 41.9 38.9 36.4 34.8 33.7 33.2 33.2 32.8**

**100m Butterfly 1:26.7 1:21.8 1:18.2 1:15.4 1:13.8 1:13.8 1:12.7**

**200m Butterfly 4:20.6 3:42.8 3:25.0 3:01.4 2:52.1 2:48.0 2:43.0 2:43.0 2:43.0**

**50m Backstroke 48.5 43.5 40.2 37.8 36.2 35.2 34.7 34.7 34.1**

**100m Backstroke 1:25.8 1:20.7 1:17.2 1:15.3 1:14.0 1:14.0 1:13.0**

**200m Backstroke 3:45.2 3:12.2 2:58.8 2:49.6 2:42.4 2:39.6 2:37.2 2:37.2 2:35.3**

**200m Individual Medley 3:44.5 3:20.2 3:05.9 2:52.5 2:43.9 2:43.9 2:42.6 2:42.6 2:41.0**

**400m Individual Medley 6:16.4 6:16.4 5:57.1 5:47.2 5:42.9 5:42.9 5:37.9**

**All times must have been achieved between**

**1st April 2013 and 16th February 2014 at a Licensed Meet (Levels 1,2,3 or 4 )**

**CLUB ENTRY SHEET**

**British Gas Lancashire WPSA Age Group & Championships**

 **License Nos. CC4086 & CC4087**

Name of Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Official \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Position in Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Post Code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel No \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Male Entry Fees \_\_\_\_\_\_\_ @ **£5.00** **£ \_\_\_\_\_\_** Female Entry Fees \_\_\_\_\_\_\_ @ **£5.00** **£\_\_\_\_\_\_**

Coaches Passes \_\_\_\_\_\_\_ @ **£12.00** ( for both weekends ) **£** \_\_\_\_\_

**Cheque Enclosed £** (Payable to Lancashire WPSA)

1. I confirm that the total competitors entered are **ASA Registered Members** of the above named club.
2. Where swimmers have changed clubs the appropriate notification has been given to the ASA.

Officials Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Please return with entry forms etc. (by Monday. 17 February 2014) to Championship Secretary:-

**Mr. G. Whittle**

**Carmel**

**51 Heron Way**

**Blackpool**

**FY3 8FA**

**Tel: 01253 393967**

**Email garrywhittle@talktalk.net**

**BRITISH GAS**

**LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION**

**AGE GROUP & SWIMMING CHAMPIONSHIPS 2013**

**COACHES PASS ORDER FORM**

CLUB \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COMPETITION SECRETARY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADDRESS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_POST CODE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**NUMBER OF COACHES PASSES REQUIRED @ £12.00 ( Covers both weekends)**

**FEE ENCLOSED £\_\_\_\_\_\_\_\_**

**I CERTIFY THAT THE COACHES WHO ARE ATTENDING ON THE POOLSIDE FOR OUR CLUB HAVE AN UP TO DATE CRB CERTIFICATE.**

**Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Position \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION**

**BRITISH GAS AGE GROUP & SWIMMING CHAMPIONSHIPS 2013**

**License Nos: CC4086 & CC4087**

**INDIVIDUAL ENTRY FORM**

**FORENAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SURNAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**ADDRESS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**PHONE NUMBER \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**EMAIL ADDRESS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**MALE/FEMALE ( DELETE AS APPROPRIATE) DATE OF BIRTH \_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_**

**ASA REG NUMBER \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AGE AT 16/03/14 \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CLUB \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |  |
| --- | --- | --- | --- |
| **DISTANCE** | **STROKE** | **AGE GROUPS & CHAMPIONSHIPS****25M POOL TIMES** | **Date & Gala Time****achieved – This column MUST be completed** |
| 50M | FREESTYLE |  |  |
| 100M | FREESTYLE  |  |  |
| 200M | FREESTYLE |  |  |
| 400M | FREESTYLE |  |  |
| 800M | FREESTYLE (Girls & Ladies) |  |  |
| 1500M | FREESTYLE (Boys & Gents)  |  |  |
| 50M | BACKSTROKE |  |  |
| 100M | BACKSTROKE |  |  |
| 200M | BACKSTROKE |  |  |
| 50M | BREASTSTROKE |  |  |
| 100M | BREASTSTROKE |  |  |
| 200M | BREASTSTROKE |  |  |
| 50M | BUTTERFLY |  |  |
| 100M | BUTTERFLY |  |  |
| 200M | BUTTERFLY |  |  |
| 200M | INDIVIDUAL MEDLEY |  |  |
| 400M | INDIVIDUAL MEDLEY |  |  |

**Split times will be accepted providing that the split time is less than or equal to the appropriate qualifying time. Evidence of the achievement of this split time must accompany the entry.**

FEES ENCLOSED \_\_\_\_\_\_\_\_\_ENTRIES @ £5.00 £ \_\_\_\_\_\_\_\_

I certify that the above details are correct and comply with ASA regulations.

**Signed** – **This form MUST be signed by parent and competition secretary.**

Parent \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Competition Sec.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PLEASE RETURN THIS FORM TO \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ BY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Completed forms and cheques to be returned to **LWP&SA Entries, Carmel, 51 Heron Way, Blackpool, FY3 8FA (01253 393967)**

Email **garrywhittle@talktalk.net**

**Lancashire County WPSA Age Groups and Championships 2014**

**Licence No CC4086 and CC4087**

|  |
| --- |
| **Programme of Events 2014** |
| **Session 1** | **LIVERPOOL** | **8th March 2014** | **Warm up to be confirmed** |
| Event 101 | Female | 200m Breaststroke | Age Group 09-16 + Championship |
| 102 | Male | 400m Ind. Medley | Age Group 12-16 + Championship |
| 103 | Female | 800m Freestyle | Age Group 11-16 + Championship |
| **Session 2** | **LIVERPOOL** | **8th March 2014** | **Warm up to be confirmed**  |
| 201 | Male | 100m Backstroke | Age Group 11-16 + Championship |
| 202 | Female | 200m Ind. Medley | Age Group 09-16 + Championship |
| 203 | Male | 200m Butterfly | Age Group 09-16 + Championship |
| 204 | Female | 200m Backstroke | Age Group 09-16 + Championship |
| **Session 3** | **LIVERPOOL** | **9th March 2014** | **Warm up to be confirmed** |
| Event 301 | Male | 200m Breaststroke | Age Group 09-16 + Championship |
| 302 | Female | 400m Ind. Medley | Age Group 12-16 + Championship |
| 303 | Male | 1500m Freestyle | Age Group 11-16 + Championship |
| **Session 4** | **LIVERPOOL** | **9th March 2014** | **Warm up to be confirmed**  |
| Event 401 | Female | 100m Backstroke | Age Group 11-16 + Championship |
| 402 | Male | 200m Ind. Medley | Age Group 09-16 + Championship |
| 403 | Female | 200m Butterfly | Age Group 09-16 + Championship |
| 404 | Male | 200m Backstroke | Age Group 09-16 + Championship |
| **Session 5** | **MANCHESTER** | **15th March 2014** | **Warm up to be confirmed** |
| 501 | Female | 400m Freestyle | Age Group 10-16 + Championship |
| 502 | Male | 50m Backstroke | Age Group 09-16 + Championship |
| 503 | Female | 50m Breaststroke | Age Group 09-16 + Championship |
| 504 | Male | 100m Breaststroke | Age Group 11-16 + Championship |
| 505 | Female | 100m Freestyle | Age Group 11-16 + Championship |
| **Session 6** | **MANCHESTER** | **15th March 2014** | **Warm up to be confirmed** |
| 601 | Male | 200m Freestyle | Age Group 09-16 + Championship |
| 602 | Female | 50m Freestyle | Age Group 09-16 + Championship |
| 603 | Male | 50m Butterfly | Age Group 09-16 + Championship |
| 604 | Female | 100m Butterfly | Age Group 11-16 + Championship |
| **Session 7** | **MANCHESTER** | **16th March 2014** | **Warm up to be confirmed** |
| 701 | Male | 400m Freestyle | Age Group 10-16 + Championship |
| 702 | Female | 50m Backstroke | Age Group 09-16 + Championship |
| 703 | Male | 50m Breaststroke | Age Group 09-16 + Championship |
| 704 | Female | 100m Breaststroke | Age Group 11-16 + Championship |
| 705 | Male | 100m Freestyle | Age Group 11-16 + Championship |
| **Session 8** | **MANCHESTER** | **16th March 2014** | **Warm up to be confirmed**  |
| 801 | Female | 200m Freestyle | Age Group 09-16 + Championship |
| 802 | Male | 50m Freestyle | Age Group 09-16 + Championship |
| 803 | Female | 50m Butterfly | Age Group 09-16 + Championship |
| 804 | Male | 100m Butterfly | Age Group 11-16 + Championship |

**Please note all events are heat declared**

**Entry Closing Date: 17th February 2014**

**There are no BAGCAT awards for 2014**

**V2.20.11.13**