

**Venue: Broughton Baths, Salford**

**Date: 21&22nd June 2014**

**Under ASA Laws and ASA Technical Rules.**

**Licensed meet level 3 (3NW4346)**

Entry fee £4.00 per event, to include the 15p license fee

All events H.D.W basis

Ages: Girls Individual 9, 10,11,12,13 +14/Over

Boys 9, 10, 11,12,13,14 +15/Over Age on last day of the meet

Closing date for entries: Saturday 25th May 2014

Entries to Mark Crouch; The Cottages, 18 Mixenden Lane Ends, Halifax, HX2 0TU. Please note this will be a cardless meet

Entries will be restricted as per the upper & Lower Qualifying times listed and will be on a **first come first serve basis.**

For Disk entries contact: or Telephone Mark Crouch on 07453802502 or, e-mail [aquabearschiefcoach@yahoo.co.uk](mailto:aquabearschiefcoach@yahoo.co.uk) . Entry information is also on the club web site at http:\\aquabears.org.uk

**PROGRAMME OF EVENTS FOR 2014**

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| ***SESSION 1: Saturday 21st June***  ***Warm up 8.15am Start: 9.15am*** | | |
| ***1*** | **Boys** | **400m Individual Medley** |
| ***2*** | **Girls** | **400m Freestyle** |
| ***3*** | **Boys** | **100m Butterfly** |
| ***4*** | **Girls** | **100m Breaststroke** |
| ***5*** | **Boys** | **50m Breaststroke** |
| ***6*** | **Girls** | **50m Backstroke** |
| ***7*** | **Boys** | **200m Freestyle** |

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| ***SESSION 3: Sunday 22nd June***  ***Warm up 8.15am Start: 9.15am*** | | |
| ***16*** | **Girls** | **200m Individual Medley** |
| ***17*** | **Boys** | **400m Freestyle** |
| ***18*** | **Girls** | **100m Butterfly** |
| ***19*** | **Boys** | **100m Breaststroke** |
| ***20*** | **Girls** | **50m Breaststroke** |
| ***21*** | **Boys** | **50m Backstroke** |
| ***22*** | **Girls** | **200m Freestyle** |

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| ***SESSION 4: Sunday 22nd June***  ***Warm up: 1.15pm Start: 2.15pm*** | | |
| ***23*** | **Boys** | **200m Individual Medley** |
| ***24*** | **Girls** | **200m Backstroke** |
| ***25*** | **Boys** | **200m Breaststroke** |
| ***26*** | **Girls** | **50m Butterfly** |
| ***27*** | **Boys** | **50m Freestyle** |
| ***28*** | **Girls** | **100m Freestyle** |
| ***29*** | **Boys** | **100m Backstroke** |
| **30** | **Girls** | **200m Butterfly** |

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| ***SESSION 2: Saturday 21st June***  ***Warm up: 1.15pm Start: 2.15pm*** | | |
| ***8*** | **Girls** | **400m Individual Medley** |
| ***9*** | **Boys** | **200m Backstroke** |
| ***10*** | **Girls** | **200m Breaststroke** |
| ***11*** | **Boys** | **50m Butterfly** |
| ***12*** | **Girls** | **50m Freestyle** |
| ***13*** | **Boys** | **100m Freestyle** |
| ***14*** | **Girls** | **100m Backstroke** |
| **15** | **Boys** | **200m Butterfly** |



**AQUABEARS OPEN SUMMER MEET 2014**

**To be held at Broughton Baths, Salford on Sat 21st and Sun 22nd June 2014 under license (3NW4346)**

**COMPETITION RULES AND MEET INFORMATION**

FACILITIES: Six lane, 25 metre pool

Colorado electronic timing with display

PROMOTER: Aquabears of Rochdale S.C.

RULES: The meet will be held under ASA Laws and ASA Technical rules.

The ONE-START RULE will be in operation throughout the meet.

This meet is licensed by the A.S.A. at level 3 and is for swimmers intending to achieve County & Regional qualifying times. Swimmers must have achieved the lower qualifying times for each event and must not exceed the upper times as listed.

INFORMATION: Mark Crouch: The Cottages, 18 Mixenden Lane Ends, Halifax, HX2 0TU.

Tel: 07453802502. E-Mail [aquabearschiefcoach@yahoo.co.uk](mailto:aquabearschiefcoach@yahoo.co.uk)

AGE GROUPS: Girls 9yrs,10yrs, 11yrs, 12yrs, 13yrs + 14yrs/Over

Boys 9yrs,10yrs, 11yrs, 12yrs, 13yrs, 14yrs + 15yrs/Over

Age as at 7th July 2013

ENTRIES: Closing date for entries is Saturday 25th May 2014.

All submitted times must be converted to 25 metres.

All entries must show the swimmers full date of birth and ASA registration number.

Entries will be restricted to first come first serve basis. Any club wishing to submit entries on disk should contact Mark Crouch. Completed entry forms to be returned to meet information address as above. Please also enclose an s.a.e. for the return of entry sheets and or cheques.

ENTRY FEES: £4.00 to include the 15pence license fee.

Cheques to be made payable to **‘Friends of Aquabears’**. Or by Bank transfer to Santander Bank Sort code 05 04 64 Account: 55680739. Ref: Your home club name.

AWARDS: Awards will be given to the first three placed swimmers in each individual age group. Presentation to be made to all medallists. There will also be a top visiting club trophy awarded. Points scoring in events will be 6,5,4,3,2,1 for 1st, 2nd, 3rd, 4th, 5th, 6th places respectively.

COACHES

PASSES: £7.00 Per day or £13.00 for the weekend, to include admittance to poolside, programme, result sheets and lunch. Coaches without passes will be refused entry to the poolside. Please ensure full CRB details are completed on the summary sheet.

ENTRY CARDS: **Please note that this meet will be run as a cardless meet.** Any swimmer not competing in an event should notify the meet desk 45mins prior to the start of the session.

SEEDING: All events are Heat Declared Winner (HDW), heats being seeded, slowest to fastest, based on the submitted entry times.

ELECTRONIC

SCOREBOARD: Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result. The Referee’s decision is final.

**Any points not covered to be at the discretion of the Meet Director**