The Promoter of this event is Bolton \& District S \& WPA; Manchester \& District S \& WPA and Central Lancashire S \&WPA

The event is licensed by the ASA at Licence Level 3 for entry into County and Regional Competitions and will be a Short Course event.

The competition will be held under ASA Laws \& ASA Technical Rules.
Venue: Wigan Life Centre, College Avenue, Wigan WN1 1NJ
Dates: 27/28 Sep and 18/19 Oct 2014
ENTRY FEE £3.50 per event.
All Entries to: As per 2014 Club Entry Form.
Closing Date for Entries: 4 September 2014. NO LATE ENTRIES ACCEPTED (except the "Spot-On" where entries will be taken on the day).

All entrants must be a member of an affiliated club to either Bolton \& District S\&WPA or Manchester \& District S\&WPA or Central Lancashire S \& WPA and registered with the ASA at Category 2 for that club..

The promoter reserves the right to return entries if events are oversubscribed by reducing the consideration time or by any other method thought appropriate. Entries will be considered from swimmers who meet the consideration times.

Entries from registered Disability Swimmers are welcome and these swimmers are not required to meet the general consideration times but must, however, meet the Disability Times for ASA County/Open Meet as listed for this meet on the Manchester \& District website at www.mdswpa.org.uk/general/DownloadForms.htm

A totally Cardless system will be used. After the closing date for entries confirmation of entry will be posted on the website and in addition the Competition Secretaries will receive by e-mail confirmation of which events their club's swimmers are swimming plus details of how to withdraw from an event should the need arise. In the event of any rejections full refunds for rejected events will be paid back via the club.

All events will be seeded on submitted times and all events will be Heat Declared Winner.
Swimmers must report to the Competitors Stewards when instructed to do so. Any swimmer not reporting in time may be excluded.

The promoters reserve the right in the interests of time to operate 'OVER THE TOP' starts.
Results sheets will be posted in a position where spectators and swimmers can see the final positions for each event. One the days of competition it is hoped to display the Heat Start Lists and Results in "Real Time" on the website www.mdswpa.org.uk

No Coach/Team Manager will be allowed on poolside unless they are in possession of a Coach's Pass which must be applied for at the time of submitting the Entries. Any number of Passes may be purchased and they will be valid only for the day and date specified. The Pass may be transferred to another Coach/Team Manager during the day. Anyone not displaying a valid Pass will be asked to leave the Poolside. The payment for the Pass will entitle the holder to a Programme for the day plus a Heat Start List for the Sessions on that day.

The Awards shall be based on the following age groups:-

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9 to }11\mathrm{ years
    12 and 13 years
    14 and over
    The Ages are as at 19 Oct 2014
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The $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ placed swimmers in each group will receive an award.
Rules for 'Invitation Medley Skins' are included in this entry pack

Rules for 'Spot-On" are included in this entry pack, entries will be taken on the day.
The promoters reserve the right to refuse admission to any person.
Any situation not covered by the above information or Meet Conditions will be at the discretion of the promoters, who also reserve the right to make any changes that may be considered necessary for the smooth running and discipline of the event.

The Small Pool at Wigan Life Centre will be available before and during each session for continuous warm up and warm down, however, in the event of mis-use of this facility, the Wigan Life Centre reserve the right to close it at any time.

## Invitation Medley Skins

This 'Skins Event' will be a continuous competition commencing with 8 competitors and over a continuous series of races over a distance of 50 m . One or more competitors to be eliminated in each round until a winner is determined. Races in each competition will take place following an interval of 3 minutes from the start of the previous race a whistle warning signal being given 10 seconds prior to the start of each round.

Skins competitions will be held for:
a. Boys 13 years and under
b. Boys 14 years and over
c. Girls 13 years and under
d. Girls 14 years and over

Events (a) and (b) will swim concurrently with a separation of 90 seconds between races. Younger Age Group starts first. Events (c) and (d) will follow the same format.

Age as on $19^{\text {th }}$ October 2014.
The Prizes for each event will be:
1st - £40 2nd - £35 3rd - £30 4th - £25 5th - £20 6th - £15 7th - £10 8th - £5
The competitors for each Event shall be the eight swimmers with the highest placings as detailed in the published results from the qualifying events. The qualifying events shall be the 200 I.M..

Lanes will be allocated on the basis of 'spearheading' in accordance with ASA Technical Rules swimming rule SW312 - the highest placed swimmer occupying the centre lane. Swimmers are required to swim in their allocated lane whilst they remain in the competition until the final race. The remaining two swimmers will occupy the centre lanes - the highest placed swimmer occupying Lane 4 the second swimmer in Lane 5.

The stroke for each individual race will by random draw from a choice of Frontcrawl, Breaststroke, Butterfly and Backstroke. The draw for the stroke to be contested in the first round will be undertaken by a person to be nominated by the meet promoter. Draws for subsequent rounds will be by the swimmer eliminated from the previous round. If more than one swimmer is eliminated in a round, the referee shall decide who shall draw.

The first race in each Event will commence in accordance with ASA Technical Rules governing the Start of the selected stroke. Each race shall be over a distance of 50 m .

Subsequent rounds will start at the starting end of the pool, following an interval of 3 minutes from the previous Start. The starter will give a 10 second whistle warning. Competitors feet, or hands in the case of Backstroke must be in contact with the Starting Platform or Grips when the Start Signal is given. For Backstroke rounds competitors will start in the water with both hands holding the starting grips. For forward starts swimmers are required to have at least one foot at the front of the Starting Platform.

In all races swimmers are required to comply with the ASA Technical Rules regarding Stroke and Finish conditions - failure to do so will lead to elimination by disqualification - any competitor so eliminated will receive any prize money won to that time including the round in which eliminated.

The slowest competitor in each round shall be eliminated - unless a competitor has been eliminated by disqualification, in which case the slowest competitor remains in the competition.

Times achieved by swimmers are not to be used for any other purpose. Determination of the slowest swimmer will be by the Referee utilising either Automatic Officiating Equipment (AOE) or manual Finish Judges, in accordance with FINA Swimming Rules governing placing. Should AOE be used the Referee shall determine whether it operated correctly.

In the case of more than one swimmer being disqualified, or a dead heat for the slowest swimmer all affected swimmers are eliminated and the accumulated prize money for the positions divided equally between the relevant swimmers.

Should for any reason the competition have to be halted before its conclusion it shall restart with a re-swim of the round halted, or subsequent round if halted following the correct completion of a round. The Start of the recommencement of the competition will be in accordance with the ASA Technical Rules of the relevant stroke.

In the case of a dead heat in the final race, the race will be declared a tie, and the remaining prize money will be divided equally between the two remaining swimmers.

In the event of a faulty start, the round will be delayed, and will resume after 3 minutes.
If any issue arises not covered by the above then that issue will be determined by the meet promoters.

## "Spot-On"

Any swimmer who has swum in the Competition may enter.
Entry into "Spot-On" is by completing the Spot-On Entry detailing name, chosen stroke and predicted time you will do it in (format $\mathrm{mm}: \mathrm{ss} . \mathrm{ss}$ ) for a 50 m race. The charge for entry will be $£ 2.00$

It may be necessary to limit the number of entries for this event and this will be done on a first come basis.
The races will be swum in accordance with ASA Technical Rules.
The timing of the races will be by manual stop watches.
The three swimmers closest to their submitted times will receive prizes - 1st place - $£ 40$, 2nd place - $£ 20$, 3rd place - £10. In the event of two or more swimmers recording the same difference in times or being "Spot-On" the swimmers concerned will swim again to determine their positions.

## Inter-Association Meet Information

50 The meet is by invitation only and will take place at Knowsley Culture Park, Huyton, Liverpool L36 6EG on 22/23 Nov 2014.

51 Two teams are to be selected - one for Bolton and Manchester and one for Central Lancs.
52 A swimmer may only be selected and swim for one team. There is an IA limit of 5 swims per swimmer at the Inter-Association

The Age Limit for the Inter-Association will be 10 - 14yrs as at 23 rd Nov 2014.
The matrix of ages and events for the Inter-Association is given below:-

| BOYS | 50m |  |  |  | 100m |  |  |  | 200m |  |  |  |  | 400m |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BK | BR | FL | FR | BK | BR | FL | FR | BK | BR | FL | FR | Med | FR |
| 10 Years | X | X | X | X |  |  |  |  | x | X | X | X | x | X |
| 11 Years | X | X | X | x |  |  |  |  | X | X | X | X | X | X |
| 12 Years |  |  |  |  | X | X | X | X | X | X | X | X | X | X |
| 13 Years |  |  |  |  | X | X | X | X | X | X | X | x | x | X |
| 14 Years |  |  |  |  | X | X | X | X | X | X | X | X | X | X |


| GIRLS | 50m |  |  |  | 100m |  |  |  | 200m |  |  |  |  | 400m |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BK | BR | FL | FR | BK | BR | FL | FR | BK | BR | FL | FR | Med | FR |
| 10 Years | x | x | x | x |  |  |  |  | x | X | x | x | x | X |
| 11 Years |  |  |  |  | x | x | x | x | x | x | x | x | x | x |
| 12 Years |  |  |  |  | x | x | x | x | x | x | x | x | x | x |
| 13 Years |  |  |  |  | X | X | X | X | X | X | X | X | X | X |
| 14 Years |  |  |  |  | X | X | x | X | X | X | X | X | X | X |

