



## Lancashire County Water Polo and Swimming Association Age Groups and Championships 2015

### Programme of Events

Session 1	Liverpool	28 February 2015	Warm up TBC	Session 3	Liverpool	1 March 2015	Warm up TBC
Event 101	Male	100m Backstroke HEATS	Age 10/11 – 16/Ov	Event 301	Female	100m Backstroke HEATS	Age 10/11 – 16/Ov
102	Female	200m Breaststroke HDW	Age 10/11 – 16/Ov	302	Male	200m Breaststroke HDW	Age 10/11 – 16/Ov
103	Male	400m Ind. Medley HDW	Age 12 – 16/Ov	303	Female	400m Ind. Medley HDW	Age 12 – 16/Ov
104	Female	800m Freestyle HDW	Age 12 – 16/Ov	304	Male	1500m Freestyle HDW	Age 12 – 16/Ov
105 - 110	Male	100m Backstroke FINALS	Age 10/11 – 16/Ov	305 - 311	Female	100m Backstroke FINALS	Age 10/11 – 16/Ov

Session 2	Liverpool	28 February 2015	Warm Up TBC	Session 4	Liverpool	1 March 2015	Warm Up TBC
Event 201	Female	200m Ind. Medley HDW	Age 10/11 – 16/Ov	Event 401	Male	200m Ind. Medley HDW	Age 10/11 – 16/Ov
202	Male	200m Butterfly HDW	Age 10/11 – 16/Ov	402	Female	200m Butterfly HDW	Age 10/11 – 16/Ov
203	Female	200m Backstroke HDW	Age 10/11 – 16/Ov	403	Male	200m Backstroke HDW	Age 10/11 – 16/Ov

Session 5	Manchester	21 March 2015	Warm Up TBC	Session 7	Manchester	22 March 2015	Warm Up TBC
501	Female	100m Freestyle HEATS	Age 10/11 – 16/Ov	701	Male	100m Freestyle HEATS	Age 10/11 – 16/Ov
502	Male	50m Backstroke HEATS	Age 10/11 – 16/Ov	702	Female	50m Backstroke HEATS	Age 10/11 – 16/Ov
503	Female	50m Breaststroke HEATS	Age 10/11 – 16/Ov	703	Male	50m Breaststroke HEATS	Age 10/11 – 16/Ov
504	Male	100m Breaststroke HEATS	Age 10/11 – 16/Ov	704	Female	100m Breaststroke HEATS	Age 10/11 – 16/Ov
505	Female	400m Freestyle HDW	Age 10/11 – 16/Ov	705	Male	400m Freestyle HDW	Age 10/11 – 16/Ov
506-511	Male	50m Backstroke FINALS	Age 10/11 – 16/Ov	706-711	Female	50m Backstroke FINALS	Age 10/11 – 16/Ov
512-517	Female	50m Breaststroke FINALS	Age 10/11 – 16/Ov	712-717	Male	50m Breaststroke FINALS	Age 10/11 – 16/Ov
518-523	Male	100m Breaststroke FINALS	Age 10/11 – 16/Ov	718-723	Female	100m Breaststroke FINALS	Age 10/11 – 16/Ov
524-529	Female	100m Freestyle FINALS	Age 10/11 – 16/Ov	724-729	Male	100m Freestyle FINALS	Age 10/11 – 16/Ov

Session 6		21 March 2015	Warm Up TBC	Session 8	Manchester	22 March 2015	Warm Up TBC
601	Female	50m Freestyle HEATS	Age 10/11 – 16/Ov	801	Male	50m Freestyle HEATS	Age 10/11 – 16/Ov
602	Male	50m Butterfly HEATS	Age 10/11 – 16/Ov	802	Female	50m Butterfly HEATS	Age 10/11 – 16/Ov
603	Female	100m Butterfly HEATS	Age 10/11 – 16/Ov	803	Male	100m Butterfly HEATS	Age 10/11 – 16/Ov
604	Male	200m Freestyle HDW	Age 10/11 – 16/Ov	804	Female	200m Freestyle HDW	Age 10/11 – 16/Ov
605-610	Female	50m Freestyle FINALS	Age 10/11 – 16/Ov	805-810	Male	50m Freestyle FINALS	Age 10/11 – 16/Ov
611-616	Male	50m Butterfly FINALS	Age 10/11 – 16/Ov	811-816	Female	50m Butterfly FINALS	Age 10/11 – 16/Ov
617-622	Female	100m Butterfly FINALS	Age 10/11 – 16/Ov	817-822	Male	100m Butterfly FINALS	Age 10/11 – 16/Ov