



in partnership with

WLCT Swim Squad

Future Stars 5th Open Meet

<http://www.wiganbest.com/futurestars>

LEVEL 2 - LICENSE 2NW150862

DATE Friday 27th, Saturday 28th & Sunday 29th November 2015

VENUE Wigan Life Centre, College Avenue, Wigan, WN1 1NJ

FACILITIES 8 Lane (2 ½ m wide) 25m Pool using Colorado System 6 Electronic Timing. Spectator balcony for 250 with additional comfort area overlooking the pool.

AGE As the last day of the competition, Sunday 29th November 2015.

THE MEET Entries will be seeded on a slowest to fastest basis and accepted on a maximum number per single age group i.e. 9yrs – 10yrs – 11yrs – 12yrs – 13 yrs boys – 13yrs & Over Girls, and 14yrs & over boys. All events will be Heat Declared Winner, age groups apply to all events, except 100m events where there is no 9yrs. Events include 50m, 100m, 200m on all strokes, 200m, 400m individual medley, 400m, 800m(girls), 1500m(boys) freestyle. Please read the entry times carefully and make sure your entry time is faster than the qualifying times. Anything slower will NOT be accepted. Swimmers must be 9 years and over on the day. Entry times should be checked to the ASA rankings database and if 50m (long course) times are used these should be converted to 25m (short course) using the ASA Equivalent Performance Tables or the Sportsystem Equivalent Times Converter electronic programme. Entry times will be checked by the promoters.

CLOSING DATE Friday 30th October 2015

CONTACT Rick Atkinson
futurestars@wiganbest.com



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WITHDRAWALS There will be a phone, text and email withdrawal system in place, prior to and during the event.

Coaches, team managers, and or parents may withdraw a swimmer from an event on the day of competition as long as it is prior to the start of the warm up of each session by completing the relevant withdrawal form.

Heat start sheet lists will be produced for coaches and team managers on the poolside before the start of each session.

AWARDS Individual awards will be made to the first 3 in each individual age group girls 9yrs-10yrs-11yrs-12yrs-13yrs – 14yrs & over girls. Boys 9yrs-10yrs-11yrs-12yrs 13yrs-14yrs & 15years and over.

No formal presentations will be made, except for top visiting club. Awards to be collected at the medals table, in the North Gallery.

COACHES Coaches Pass £15 per pass for the whole weekend, and are required for all poolside staff. The pass will include entrance to the pool, programme, start sheets. All poolside staff must have full CRB clearance. Coaches pass must be purchased using the appropriate application form.

Clubs with 20 swimmers or more will receive 1 complimentary pass (Must still apply using the coach pass application form)

ENTRIES Cost for entries sent via SportSystems electronic are £5.75 per event and £10.00 per long distance event (800m & 1500m). Entries sent on paper are £7.75 per event and £12.00 per long distance events.

We would encourage all clubs to enter to using SportSystems. All the information is available on the Wigan BEST. Site.

<http://www.wiganbest.com/futurestars>

EMAIL futurestars@wiganbest.com

ADDRESS Les France,
94 Cornwall Avenue,
Blackpool, FY2 9QW.
Telephone:- 07534284718



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Conditions

1. The Competition will be held under ASA Law & technical rules.
2. One start rule will apply. Over the top starts may be used at the organiser's discretion.
3. The pool is 25m long, 8 lanes, each lane is 2 ½ m wide and the pool uses anti wave lane ropes and electronic timing.
4. All events will be Heat Declared Winners.
5. The Referees decision is final.
6. This meet will be run using SportSystems software.
7. Late or poolside entries will not be accepted.
8. Time entries to be based on 25m (short course) pool times. 50m (long course) times must be converted using ASA Tables.
9. The minimum age is 9, to comply with ASA rule 411.5.3
10. Confirmation of entry will be posted on the website and emailed to the respective clubs along with any rejections and information on how to withdraw. No further information will be returned.
11. This meet will operate as a CARDLESS meet.
12. Spectators programmes are available after entry.
13. In the case of events that are over subscribed, refunds will be issued for those events only.
14. Withdrawals must be made before the start of the warm up, of each session.
15. No outdoor shoes to be worn on the poolside.
16. Footwear must be worn outside the pool area.
17. The small pool will be available for continuous warm up and cool down, however, in the event of mis-use of this facility, Wigan Life Centre reserve the right to close it at any time, without warning.
18. Coaches, team managers and poolside assistances must display their passes at all times.
19. Starts sheets will be available to pass holders only and will not be on sale to swimmers or spectators.
20. The director reserves the right to limit entries.
21. The Meet Director / promoters will reserve the right to amend the programme / warm up/start times depending upon numbers of entries received, or for any other reason.
22. Entry Summery must be completed for both electronic and paper enteries and and returned with one cheque to cover all entries.
23. Any point not covered by these rules will be at the discretion of the organisers.



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Event Schedule

Friday 27th November 2015

SESSION 1

Warm Up 7:00pm Start 7:15am

Event Order

101 - Girls 800m Freestyle
102 - Boys 1500m Freestyle

Saturday 28th November 2015

SESSION 2

Warm Up 8:00am Start 8:15am

Event Order

201 - Boys 400m Freestyle
202 - Girls 400m IM

SESSION 3

Warm Up 9:30am Start 10:15am

Event Order

301 - Girls 13/O 200m Butterfly
302 - Boys 13/O 200m Butterfly
303 - Girls 9-12 200m Backstroke
304 - Boys 9-12 200m Backstroke
305 - Girls 13/O 50m Breaststroke
306 - Boys 13/O 50m Breaststroke
307 - Girls 9-12 50m Freestyle
308 - Boys 9-12 50m Freestyle
309 - Girls 11/O 100m Breaststroke
310 - Boys 12/O 100m Breaststroke
311 - Girls 13/O 200m IM

SESSION 4

Warm Up TBC Start 2:15pm

Event Order

401 - Boys 13/O 200m IM
402 - Girls 9-12 200m Butterfly
403 - Boys 9-12 200m Butterfly
404 - Girls 13/O 50m Butterfly
405 - Boys 13/O 50m Butterfly
406 - Girls 9-12 50m Butterfly
407 - Boys 9-12 50m Butterfly
408 - Girls 11/O 100m Backstroke
409 - Boys 12/O 100m Backstroke
410 - Girls 13/O 200m Freestyle
411 - Boys 13/O 200m Freestyle

Sunday 29th November 2015

SESSION 5

Warm Up 8:00am Start 8:15am

Event Order

501 - Girls 400m Freestyle
502 - Boys 400m IM

SESSION 6

Warm Up 9:30am Start 10:15am

Event Order

601 - Boys 9-12 200m Breaststroke
602 - Girls 9-12 200m Breaststroke
603 - Boys 13/O 50m Freestyle
604 - Girls 13/O 50m Freestyle
605 - Boys 9-12 50m Backstroke
606 - Girls 9-12 50m Backstroke
607 - Boys 13/O 200m Backstroke
608 - Girls 13/O 200m Backstroke
609 - Boys 12/O 100m Butterfly
610 - Girls 11/O 100m Butterfly
611 - Boys 9-12 200m Freestyle

SESSION 7

Warm Up TBC Start 2:15pm

Event Order

701 - Girls 9-12 200m Freestyle
702 - Boys 13/O 50m Backstroke
703 - Girls 13/O 50m Backstroke
704 - Boys 9-12 200m IM
705 - Girls 9-12 200m IM
706 - Boys 13/O 200m Breaststroke
707 - Girls 13/O 200m Breaststroke
708 - Boys 9-12 50m Breaststroke
709 - Girls 9-12 50m Breaststroke
710 - Boys 12/O 100m Freestyle
711 - Girls 11/O 100m Freestyle



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Consideration & Qualifying Times

BOYS

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9
100m Freestyle		1:23.0	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8
400m Freestyle	7:20.6	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5
1500m Freestyle	29:14.2	26:08.9	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1
50m Breaststroke	55.1	51.3	48	45.1	41.9	39.6	37.7
100m Breaststroke		1:48.5	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8
50m Butterfly	47.4	43.8	41	38.8	36.4	34.3	32.5
100m Butterfly		1:34.5	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5
50m Backstroke	48.6	45.1	42.5	40.3	37.6	35.8	33.9
100m Backstroke		1:33.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2
400m Individual Medley	8:15.6	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6

GIRLS

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5
100m Freestyle		1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2
400m Freestyle	7:25.4	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8
800m Freestyle	15:04.1	13:17.4	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5
50m Breaststroke	55.9	51.7	48.3	45.4	43.2	41.8	40.8
100m Breaststroke		1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
50m Butterfly	47.9	43.9	41.3	39.1	37.3	36.1	35.2
100m Butterfly		1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
50m Backstroke	48.9	45.3	42.7	40.5	38.7	37.5	36.8
100m Backstroke		1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5
400m Individual Medley	8:12.3	7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8



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ENTRY FORM

SWIMMER

Forename		Surname	
DOB		Age (at 27th November)	
Sex (male/female)		Club	
Email			
ASA Number			

EVENTS	Time (mm:ss.ss)		Time (mm:ss.ss)
50m Freestyle		200m I.M	
100m Freestyle		400m I.M	
200m Freestyle		50m Backstroke	
400m Freestyle		100m Backstroke	
800m Freestyle		200m Backstroke	
1500m Freestyle		50m Breaststroke	
50m Butterfly		100m Breaststroke	
100m Butterfly		200m Breaststroke	
200m Butterfly			

Number of events	Total Entry Fee
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SportSystems Electronic Entries £5.75 & Long Distance Events £10.00.
Individual Paper Paper Entries, £7.75 & Long Distance Events £12.00.
Entries must be received by the closing date, Friday 30th October 2015.

CLUBS

Your Clubs Closing Date



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<http://wiganbest.com/futurestars>

CLUB ENTRY FORM

CLUB

Club Name

Competition Secretary

Address

Postcode

Email

Contact Number

ENTRIES £5.75, L.D.£10.00 (SportSystems) & £7.75, L.D.£12.00 (Individual Paper).

Girls Entries

Girls Fee

Boys Entries

Boys Fee

Total Entries

Electronic entry file available for download at <http://wiganbest.com/futurestars>

POOLSIDE PASSES £15.00 (Coaches & Team Managers Only).

Total Number of Passes

Total Passes Fee

All coaches and team managers must hold a valid CRB certificate.

TOTAL FEES

Total fees to submit

Please enclose a club cheque for the above amount with this form and any paper entries you may have. All cheques made payable to "Wigan BEST".

ADDRESS Les France,
94 Cornwall Ave,
Blackpool,
FY2 9QW.

EMAIL futurestars@wiganbest.com

Please email your electronic SportSystems files over before the closing date on, Friday 30th October 2015.