NATION SUMMER SPECTACULAR 2016



Saturday 16th & Sunday 17th July 2016 Licensed Level 3 Meet – 3NW160714 End of Season Celebration Broughton Leisure Centre



City of Salford Swimming Club SUMMER SPECTACULAR 2016 – End of Season Celebration! (3NW160714) Saturday 16th & Sunday 17th July 2016

Dear All Swimmers

City of Salford Swimming Club will once again be hosting its Summer Spectacular. This is an end of season celebratory meet, and for those swimmers who won't be going to British National Championships.

This competition has always been very popular so it's key to register your interest early.

This competition is licensed at Level 3 by the ASA for entry into Level 1 and Level 2 meets; including regional and county championship/age group and open age meets. This meet is held under ASA Laws and Technical Rules of swimming.

This pack contains information about the event, including a Programme of Events, Qualifying Times and an Individual Entry Form.

AGE GROUPS	AGE AS 17 th JULY 2016 9, 10, 11, 12, 13/14, 15/over
ENTRIES	£4.25 per entry. Please make ALL CHEQUES payable to COSSC
EVENTS	50m, 100m, 200m ALL STROKES, plus 200m IM 4x25m Freestyle and Medley Relays for 10/under
AWARDS	Awards will be made to the Top 3 in each Age Group. A Top Boy and Top Girl will be determined in the 9-11, 12-13, 14/over categories.

If you have any queries or questions, please contact the Meet Director, Gary Newell at <u>salfordevents@outlook.com</u>

Please use Sportsystems Entry Manager to enter the competition. Contact <u>salfordevents@outlook.com</u> for this. Please email all entries to this same address no later than FRIDAY 24th JUNE 2016. Any entries received after this date will not be accepted, as a strict competition time scale has to be adhered to as a condition of our license.

If you have any queries or questions, please contact Gary Newell <u>salfordevents@outlook.com</u>

Postal entries and cheques are to be sent to

City of Salford Swimming Club 80 Chelford Drive Swinton M27 9HJ

Wigan Entries to be handed to Michelle no later the Monday 20th June 2016.







Conditions

1. Introduction

1.1. The City of Salford Swimming Club (hereinafter 'the Club') Open Meet (hereinafter 'the Meet') will be held in accordance with the relevant FINA/ASA/IPC Technical & Judicial Rules/Laws.

1.2. Bona Fide Coaches and Team Managers requiring access to the poolside must be in possession of a Pass issued by the Club. It is mandatory that all Coaches comply with the relevant ASA Child Protection Procedures and have an up to date DBS certificate.

1.3. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Meet Director.

1.4. This Meet is open to all members of a Club affiliated to ASA/SASA or WASA. A swimmer shall be considered as foreign if they are not a member of a club affiliated to ASA/SASA or WASA. Foreign swimmers are eligible to enter provided that they are a member of a Club in their home country, and that country is affiliated to FINA. They should also provide adequate evidence of the validity of their entry time if requested.

2. The Meet

- 2.1. The closing date for entries will be Friday 24th June 2016
- 2.2. Age for the competition will be as of the last day of the competition.
- 2.3. Age Groups will be defined as 9, 10, 11, 12, 13/14, 15/over

3. Para Swimming competitors

3.1. Swimmers with a disability shall swim under IPC Rules.

3.2. Qualifying times for para-swimming competitors are not required. However entry times shall be submitted for the purpose of seeding the heats.

3.3. Personal Care Attendants/Coaches: Personal care attendants are permitted to accompany a swimmer if they agree so beforehand with the Meet Director. A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant. Poolside passes; coaches' passes shall attract the advertised fee. All coaches, chaperones and personal care attendants must conform to the ASA child protection procedures and hold a current CRB certificate.

3.4. Competition format: The competition format will be based on disability inclusion within the able bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times.

4. The Events

4.1. Individual events shall be 50m 100m and 200m in all strokes, plus 200m IM. Relays will feature in the 10/under 4x25m Freestyle and Medley events.

4.2. All heats will be swum combined and heat declared winner.

4.3. Entries for the Skins events are selected from the 6 highest placed competitors in the 200m IM events. These events are for Boys and Girls Open. Separate conditions are applicable for the Skins events that do not fall within the Meet conditions.

5. Awards

5.1. Awards will be made to the Top 3 in each age group plus the Multi-Class Para-Swimming British Points, except for in the 9 years category where the Top 6 will be awarded.





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6. Submission of entries

6.1. The use of Sportsystems Entry Manager for submitting electronic entries is the preferred method for entry to these championships. The relevant Sportsystems entry file can be downloaded from the City of Salford Swimming Club website.

6.2. Entry fees for each event shall be £4.25. This includes the levy fee to the ASA per swim.

- 6.3. Cheques should be made payable to: COSSC
- 6.4. Upper qualifying times will be applied to all individual events
- 6.5. Individual entry times must not equal or be faster than the stipulated time.
- 6.6. Entry times must be 25m times (conversions will be accepted).

6.7. Entries will be audited against the rankings published by the ASA and any club may be challenged to demonstrate the authenticity of the information provided. There will be no refunds for incorrect entries.

6.8. The Meet Director reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the Director will reduce the qualifying times for each event by the same percentage until the projected sessions lengths fall within licensed meet guidelines, rejecting swimmers who are outside these revised consideration times. Any entry rejected under these circumstances will be refunded.

6.9. Submitted entry times shall be used for seeding and rejection purposes as required.

6.10. Refunds will only be given where a competitor whose entry has been accepted, has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Director

6.11. Once an entry has been submitted improved times will not be accepted.

7. Confirmation of entry

7.1. Accepted swimmers details will be posted onto the website as soon as possible after the closing date for the competition. These should be used to cross check the accuracy of swimmer entries and to allow any necessary corrections to be made.

8. Meet procedures

8.1. A withdrawal system will be in operation. Competitors or their representatives must inform the organisers of their intention to withdraw at least 45 minutes before the start of the session if they do not intend to swim.

Notification may be made by email to the Meet Director prior to the commencement of the meet. Withdrawal messages must state NAME, CLUB, and EVENT(s).

8.2. Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.

8.3. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate medical certificate must be provided.

8.4. Should a swimmer withdraw from an event on medical grounds they will be removed from all other events including Skins to be held that day.

8.5. Heat Start Lists will be made available to clubs as soon as possible after the withdrawal deadline of each session.

8.6. Competitors are responsible for presenting themselves to the Marshalling area one event prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.







9. Other

9.1. Photographs and Video of the meet may be taken by representatives of the promoter of the event, and may be used for promotional purposes. Entry into the competition implies acceptance of this condition.

9.2. Any swimmer/team failing to comply with any of the foregoing conditions may not be allowed to compete in the Meet.

9.3. All other matters regarding the running and administration of the Meet shall be at the discretion of the promoter or their agent(s).

9.4. City of Salford Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Salford Swimming Club. City of Salford Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coaches pass, who has had a CRB check and preferably attended a good practice course.

PROGRAMME OF EVENTS

SATURDAY 16th JULY 2016

SESSION 1 Warm Up 8am, Start 9am

Event 101	Boys 200m IM
Event 102	Girls 200m IM
Event 103	Boys 100m Backstroke
Event 104	Girls 100m Backstroke
Event 105	Boys 50m Butterfly
Event 106	Girls 50m Butterfly
Event 107	Mixed 10/under 4x25m Free Relay

SKINZ COMPETITION

SESSION 2 Warm Up approx. 1pm

Event 201	Boys 200m Backstroke
Event 202	Girls 100m Butterfly
Event 203	Boys 100m Butterfly
Event 204	Girls 200m Breaststroke
Event 205	Boys 200m Breaststroke
Event 206	Girls 50m Freestyle
Event 207	Boys 50m Freestyle

SUNDAY 17th JULY 2016

SESSION 3 Warm Up 8am, Start 9am

Event 301	Girls 200m Freestyle
Event 302	Boys 200m Freestyle
Event 303	Girls 100m Breaststroke
Event 304	Boys 100m Breaststroke
Event 305	Girls 50m Backstroke
Event 306	Boys 50m Backstroke
Event 307	Mixed 10/under 4x25m Medley Relay

SESSION 4 Warm Up approx. 1pm

Event 401	Girls 200m Backstroke
Event 402	Boys 200m Butterfly
Event 403	Girls 200m Butterfly
Event 404	Boys 50m Breaststroke
Event 405	Girls 50m Breaststroke
Event 406	Boys 100m Freestyle
Event 407	Girls 100m Freestyle

> The times from the 4x25m Relays and the SKINZ will NOT be sent to Rankings

> There will be a SKINZ competition after Session 1 on Saturday. There will be 6 Girls and 6 Boys – selected from the Top 6 finishers in the 200m IM earlier in the session.





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UPPER CUT OFF TIMES

Swimmers must not have achieved these times since 17th July 2015

	GIRLS						
Frienda	9 years	10 years	11 years	12 years	13 years	14 years	15/over
Events	upper	upper	upper	upper	upper	upper	upper
50m Free	35.7	33.2	31.6	30.2	29.3	28.8	27.9
100m Free	1:09.19	1:05.19	1:05.19	1:02.24	1:00.50	59.35	58.72
200m Free	2:25.36	2:20.36	2:20.36	2:13.79	2:10.11	2:07.44	2:03.58
50m Back	41.2	37.8	35.9	34.2	33.2	32.1	30.2
100m Back	1:15.26	1:13.26	1:13.26	1:09.58	1:07.59	1:05.95	1:05.38
200m Back	2:40.02	2:36.02	2:36.02	2:28.44	2:24.47	2:21.33	2:19.89
50m Breast	45.3	43.2	40.6	38.4	36.0	35.5	34.9
100m Breast	1:26.36	1:23.36	1:23.36	1:19.24	1:16.73	1:15.01	1:14.31
200m Breast	3:01.67	2:58.67	2:58.67	2:49.38	2:44.78	2:41.33	2:40.69
50m Fly	40.6	36.7	34.8	33.1	32.0	30.7	29.5
100m Fly	1:15.98	1:13.98	1:13.98	1:09.67	1:07.53	1:05.73	1:05.19
200m Fly	2:46.31	2:43.31	2:43.31	2:33.84	2:27.77	2:23.90	2:22.37
200m IM	2:41.78	2:38.78	2:38.78	2:31.37	2:27.47	2:24.42	2:23.57
	BOYS						
Events	9 years	10 years	11 years	12 years	13 years	14 years	15/over
Evento	upper	upper	upper	upper	upper	upper	upper
50m Free	34.3	31.7	30.1	28.4	27.0	26.5	26.2
100m Free		-	00.1	20.4			
	1:002.19	1:00.19	1:00.19	1:00.19	57.17	55.41	53.77
200m Free	1:002.19 2:22.98	1:00.19 2:18.98			57.17 2:04.45	55.41 2:00.15	53.77 1:57.16
			1:00.19	1:00.19	-		
200m Free	2:22.98	2:18.98	1:00.19 2:18.98	1:00.19 2:10.78	2:04.45	2:00.15	1:57.16
200m Free 50m Back	2:22.98 41.0	2:18.98 37.8	1:00.19 2:18.98 34.5	1:00.19 2:10.78 34.0	2:04.45 31.9	2:00.15 30.8	1:57.16 28.7
200m Free 50m Back 100m Back	2:22.98 41.0 1:10.54	2:18.98 37.8 1:08.54	1:00.19 2:18.98 34.5 1:08.54	1:00.19 2:10.78 34.0 1:08.54	2:04.45 31.9 1:04.69	2:00.15 30.8 1:02.30	1:57.16 28.7 1:00.24
200m Free 50m Back 100m Back 200m Back	2:22.98 41.0 1:10.54 2:38.89	2:18.98 37.8 1:08.54 2:35.89	1:00.19 2:18.98 34.5 1:08.54 2:35.89	1:00.19 2:10.78 34.0 1:08.54 2:26.36	2:04.45 31.9 1:04.69 2:18.97	2:00.15 30.8 1:02.30 2:13.97	1:57.16 28.7 1:00.24 2:10.07
200m Free 50m Back 100m Back 200m Back 50m Breast	2:22.98 41.0 1:10.54 2:38.89 46.5	2:18.98 37.8 1:08.54 2:35.89 43.0	1:00.19 2:18.98 34.5 1:08.54 2:35.89 40.5	1:00.19 2:10.78 34.0 1:08.54 2:26.36 37.9	2:04.45 31.9 1:04.69 2:18.97 35.5	2:00.15 30.8 1:02.30 2:13.97 34.1	1:57.16 28.7 1:00.24 2:10.07 32.0
200m Free 50m Back 100m Back 200m Back 50m Breast 100m Breast	2:22.98 41.0 1:10.54 2:38.89 46.5 1:19.67	2:18.98 37.8 1:08.54 2:35.89 43.0 1:17.67	1:00.19 2:18.98 34.5 1:08.54 2:35.89 40.5 1:17.67	1:00.19 2:10.78 34.0 1:08.54 2:26.36 37.9 1:17.67	2:04.45 31.9 1:04.69 2:18.97 35.5 1:12.96	2:00.15 30.8 1:02.30 2:13.97 34.1 1:10.65	1:57.16 28.7 1:00.24 2:10.07 32.0 1:08.11
200m Free 50m Back 100m Back 200m Back 50m Breast 100m Breast 200m Breast	2:22.98 41.0 1:10.54 2:38.89 46.5 1:19.67 3:04.52	2:18.98 37.8 1:08.54 2:35.89 43.0 1:17.67 3:00.52	1:00.19 2:18.98 34.5 1:08.54 2:35.89 40.5 1:17.67 3:00.52	1:00.19 2:10.78 34.0 1:08.54 2:26.36 37.9 1:17.67 2:48.43	2:04.45 31.9 1:04.69 2:18.97 35.5 1:12.96 2:39.17	2:00.15 30.8 1:02.30 2:13.97 34.1 1:10.65 2:33.36	1:57.16 28.7 1:00.24 2:10.07 32.0 1:08.11 2:28.61
200m Free 50m Back 100m Back 200m Back 50m Breast 100m Breast 200m Breast 50m Fly	2:22.98 41.0 1:10.54 2:38.89 46.5 1:19.67 3:04.52 40.1	2:18.98 37.8 1:08.54 2:35.89 43.0 1:17.67 3:00.52 36.8	1:00.19 2:18.98 34.5 1:08.54 2:35.89 40.5 1:17.67 3:00.52 34.5	1:00.19 2:10.78 34.0 1:08.54 2:26.36 37.9 1:17.67 2:48.43 31.7	2:04.45 31.9 1:04.69 2:18.97 35.5 1:12.96 2:39.17 29.9	2:00.15 30.8 1:02.30 2:13.97 34.1 1:10.65 2:33.36 28.5	1:57.16 28.7 1:00.24 2:10.07 32.0 1:08.11 2:28.61 26.8





SPECTACULAR 2016



CLUB ENTRY FORM

City of Salford Swimming Club SUMMER SPECTACULAR 2016 Under ASA Laws and Technical Rules

Please note: All of the following must be adhered to

- ASA Reg Number and DOB must be on Individual Entry Forms
- Entries must be accompanied by full payment
- Entries with no times will be rejected by Sportsystems.
- Contact salfordevents@outlook.com for further information on this

SWIMMING CLUB						
COMPETITION SECRETARY						
ADDRESS to which any postal information should be sent (most info will be emailed)						
POST CODE					EPHONE NO.	
Email ADDRESS (imp	portant)					
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	1 5		MAL		FEMALE	TOTAL
No of SWIMMERS						
No of ENTRIES						
TOTAL @ £4.25 per EVENT			£	£		£
	Name 1			(A NUMBE required)	
COACHES PASSES @ £10 each	Name 2			(A NUMBE required)	
	Name 3			-	A NUMBE equired)	R
			T			
FINAL TOTAL including coaches passes			£			
		•		able to COSSC		
		rm, your c	ub will ab	de by the	an be verified upon request. Terms & Conditions set out in	
PRINT NAME				SIGNED		
POSITION AT CLUB				JIGNED		







INDIVIDUAL ENTRY FORM

K][Ub[·]Gk]a a]b[[·]7 `i V^{··}9 bhfm: cfa

Please return this form including payment directly to Michelle Nickson, No later than Monday 20th June 2016.

FULL NAME (as on British Swimming Rankings)					
DOB					MALE / FEMALE
CLUB					
AGE ON 17/07/2016					ASA REG NO.
					MOBILE No.
	EMAIL ADDRESS				
	Event	Entry Tir	ne		DATE & VENUE ACHIEVED
	50m Freestyle				
	100m Freestyle				
	200m Freestyle				
	50m Backstroke				
	100m Backstroke				
	200m Backstroke				
	50m Breaststroke				
	100m Breaststroke				
	200m Breaststroke				
	50m Butterfly				
	100m Butterfly				
	200m Butterfly				
	200m IM				
Tot Nui	t al: mber of Entries	@£4.25		£	

I confirm that the above information is filled out correctly to the best of my knowledge.

Signed Swimmer

_ (by parent if swimmer under 18)

CLOSING DATE - AcbXUm2th JUNE 2016



