in partnership with WLCT Swim Squad Future Stars 6th Open Meet

http://www.wiganbest.com/futurestars

LEVEL 2 - LICENSE 2NW161516

- **DATE** Friday 25th, Saturday 26th & Sunday 27th November 2016
- VENUE Wigan Life Centre, College Avenue, Wigan, WN1 1NJ

FACILITIES 8 Lane (2 ½ m wide) 25m Pool using Colorado System 6 Electronic Timing. Spectator balcony for 250 with additional comfort area over looking the pool.

- **AGE** As the last day of the competition, Sunday 27th November 2016.
- THE MEET Entries will be seeded on a slowest to fastest basis and accepted on a maximum number per single age group i.e. 9yrs - 10yrs -11yrs – 12yrs – 13 yrs boys – 13yrs & Over Girls, and 14yrs & over boys. All events will be Heat Declared Winner, age groups apply to all events, except 100m events where there is no 9 years. Events include 50m, 100m, 200m on all strokes, 100m, 200m, 400m individual medley, 400m, 800m(girls), 1500m(boys) freestyle. Please read the entry times carefully and make sure your entry time is faster than the qualifying times. Anything slower will NOT be accepted. Swimmers must be 9 years or over on the day. Entry times should be checked to the ASA rankings database and if 50m (long course) times are used these should be converted to 25m (short course) using the ASA Equivalent Performance Tables or the Sportsystem Equivalent Times Converter electronic programme. Entry times will be checked by the promoters.

CLOSING DATE Friday 28th October 2016

CONTACT Rick Atkinson futurestars@wiganbest.com



WITHDRAWALS There will be a phone, text and email withdrawal system in place, prior to and during the event.

Coaches, team managers, and or parents may withdraw a swimmerfrom an event on the day of competition as long as it is prior to thestart of the warm up of each session by completing the relevantwithdrawal form.

Heat start sheet lists will be produced for coaches and team managers on the poolside before the start of each session.

AWARDS Individual awards will be made to the first 3 in each individual age group girls 9yrs-10yrs-11yrs-12yrs-13yrs – 14yrs & over girls. Boys 9yrs-10yrs-11yrs-12yrs 13yrs-14yrs & 15years and over.

No formal presentations will be made, except for top visiting club. Awards to be collected at the medals table, in the North Gallery.

- **COACHES** Coaches Pass £15 per pass for the whole weekend, and are required for all poolside staff. The pass will include entrance to the pool, programme, start sheets. All poolside staff must have full CRB clearance. Coaches pass must be purchased using the appropriate application form. Clubs with 20 swimmers or more will receive 1 complimentary pass (Must still apply using the coach pass application form)
 - **ENTRIES** Cost for entries sent via SportSystems elecronic are £5.75 per event and £12.00 per long distance event (800m & 1500m). Entries sent on paper are £7.75 per event and £14.00 per long distance events.

We would encourage all clubs to enter to using SportSytems. All the information is available on the Wigan BEST. Site. http://www.wiganbest.com/futurestars

- EMAIL futurestars@wiganbest.com
- ADDRESS Les France, 94 Cornwall Avenue, Blackpool, FY2 90W. Telephone:- 07534284718



- 1. The Competition will be held under ASA Law & technical rules.
- 2. One start rule will apply. Over the top starts may be used at the organiser's discretion.
- 3. The pool is 25m long, 8 lanes, each lane is 2 ½ m wide and the pool uses anti wave lane ropes and electronic timing.
- 4. All events will be Heat Declared Winners.
- 5. The Referees decision is final.
- 6. This meet will be run using SportSystems software.
- 7. Late or poolside entries will not be accepted.
- 8. Time enteries to be based on 25m (short course)pool times. 50m (long course)times must be converted using ASA Tables.
- 9. The minimum age is 9, to comply with ASA rule 411.5.3
- 10. Confirmation of entry will be posted on the website and emailed to the respective clubs along with any rejections and information on how to withdraw. No further information will be returned.
- 11. This meet will operate as a CARDLESS meet.
- 12. Spectators programmes are available after entry.
- 13. In the case of events that are over subscribed, refunds will be issued for those events only.
- 14. Withdrawals must be made before the start of the warm up, of each session.
- 15. No outdoor shoes to be worn on the poolside.
- 16. Footwear must be worn outside the pool area.
- 17. The small pool will be available for continuous warm up and cool down, however, in the event of mis-use of this facility, Wigan Life Centre reserve the right to close it at any time, without warning.
- 18. Coaches, team managers and poolside assistances must display their passes at all times.
- 19. Starts sheets will be available to pass holders only and will not be on sale to swimmers or spectators.
- 20. The director reserves the right to limit entries.
- 21. The Meet Director / promoters will reserve the right to amend the programme / warm up/start times depending upon numbers of entries received, or for any other reason.
- 22. Entery Summery must be completed for both electronic and paper enteries and and returned with one cheque to cover all entries.
- 23. Any point not covered by these rules will be at the discretion of the organisers.



Event Schedule

Friday 25th November 2016

SESSION 1

Warm Up

Start 7:15pm

Saturday 26th November 2016

7:00pm

SESSION 2

Warm Up 8:00am

Start 8:15am

Event Order 201 - Boys 400m Freestyle 202 - Girls 400m IM

SESSION 3

9:30am

Warm Up

Start 10[.]15am

Event Order

301 - Girls 13/O 200m Butterfly 302 - Boys 13/O 200m Butterfly 303 - Girls 9-12 200m Backstroke 304 - Boys 9-12 200m Backstroke 305 - Girls 13/0 50m Breaststroke 306 - Boys 13/0 50m Breaststroke 307 - Girls 9-12 50m Freestyle 308 - Boys 9-12 50m Freestyle 309 - Girls 10/O 100m Breaststroke 310 - Boys 10/O 100m Breaststoke 311 - Girls 13/O 200m IM

SESSION 4

TBC

Warm Up

Start 2:15pm

Event Order

401 - Boys 13/O 200m IM 402 - Girls 9-12 200m Butterfly 403 - Boys 9-12 200m Butterfly 404 - Girls 13/O 50m Butterfly 405 - Boys 13/O 50m Butterfly 406 - Girls 9-12 50m Butterfly 407 - Boys 9-12 50m Butterfly 408 - Girls 10/O 100m Backstroke 409 - Boys 10/O 100m Backstroke 410 - Girls 13/O 200m Freestyle 411 - Boys 13/O 200m Freestyle 412 - Girls 9/O 100m IM

Event Order 101 - Girls 800m Freestyle 102 - Boys 1500m Freestyle

Sunday 27th November 2016

8:00am

SESSION 5

Warm Up

Start 8:15am

Event Order 501 - Girls 400m Freestyle 502 - Boys 400m IM

SESSION 6

Warm Up 9:30am 10[.]15am

- Start
- **Event Order** 601 - Boys 9-12 200m Breaststoke 602 - Girls 9-12 200m Breaststroke 603 - Boys 13/O 50m Freestyle 604 - Girls 13/O 50m Freestyle 605 - Boys 9-12 50m Backstroke 606 - Girls 9-12 50m Backstroke 607 - Boys 13/O 200m Backstroke 608 - Girls 13/O 200m Backstroke
- 609 Boys 10/O 100m Butterfly
- 610 Girls 10/O 100m Butterfly
- 611 Boys 9-12 200m Freestyle

SESSION 7

Warm Up TBC Start 2:15pm

Event Order

701 - Girls 9-12 200m Freestyle 702 - Boys 13/O 50m Backstroke 703 - Girls 13/O 50m Backstroke 704 - Boys 9-12 200m IM 705 - Girls 9-12 200m IM 706 - Boys 13/O 200m Breaststroke 707 - Girls 13/O 200m Breaststroke 708 - Boys 9-12 50m Breaststroke 709 - Girls 9-12 50m Breaststroke 710 - Boys 10/O 100m Freestyle 711 - Girls 10/O 100m Freestyle 712 - Boys 9/O 100m IM



Consideration & Qualiying Times

BOYS

400m Individual Medley

8:12.3

7:35.3

6:57.3

6:32.0

6:14.4

6:03.1

5:55.8

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9
100m Freestyle		1:23.0	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8
400m Freestyle	7:20.6	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5
1500m Freestyle	29:14.2	26:08.9	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1
50m Breaststroke	55.1	51.3	48	45.1	41.9	39.6	37.7
100m Breaststroke		1:48.5	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8
50m Butterfly	47.4	43.8	41	38.8	36.4	34.3	32.5
100m Butterfly		1:34.5	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5
50m Backstroke	48.6	45.1	42.5	40.3	37.6	35.8	33.9
100m Backstroke		1:33.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3
100m Individual Medley	1:47.4	1:39.6	1:33.9	1:28.7	1:23.1	1:18.1	1:14.7
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2
400m Individual Medley	8:15.6	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6
GIRLS							
EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5
100m Freestyle		1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2
400m Freestyle	7:25.4	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8
800m Freestyle	15:04.1	13:17.4	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5
50m Breaststroke	55.9	51.7	48.3	45.4	43.2	41.8	40.8
100m Breaststroke		1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
50m Butterfly	47.9	43.9	41.3	39.1	37.3	36.1	35.2
100m Butterfly		1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
50m Backstroke	48.9	45.3	42.7	40.5	38.7	37.5	36.8
100m Backstroke		1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8
100m Individual Medley	1:48.8	1:38.5	1:34.2	1:29.1	1:24.9	1:22.6	1:20.9
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5
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CLUB ENTRY FORM

Club Name	
Competition Secretary	
Address	
	Postcode
Email	Postcode

ENTRIES £5.75, L.D.£12.00 (SportSytems) & £7.75, L.D.£14.00 (Individual Paper).

Girls Entries	Girls Fee	
Boys Entries	Boys Fee	
Total Entries		

Electronic entry file available for download at http://wiganbest.com/futurestars

POOLSIDE PASSES £15.00 (Coaches & Team Managers Only).

Total Number of Passes Total Passes Fee

All coaches and team managers must hold a valid CRB certificate.

TOTAL FEES

CLUB

Total fees to submit

Please enclose a club cheque for the above amount with this form and any paper entries you many have. All cheques made payable to "Wigan BEST".

EMAIL futurestars@wiganbest.com **ADDRESS** Les France, 94 Cornwall Ave. Please email your electronic SportSystems files Blackpool, overbefore the closing date on, FY2 90W

Friday 28th October 2016.



ENTRY FORM

SWIMMER			
Forename		Surname	
DOB	Age (at	27th November)	
Sex (male/female)		Club	
Email			
ASA Number			
EVENTS	Time (mm:ss.ss)		Time (mm:ss.ss)
50m Freestyle		100m I.M	
100m Freestyle		200m I.M	
200m Freestyle		400m I.M	
400m Freestyle		50m Backstroke	
800m Freestyle		100m Backstroke	
1500m Freestyle		200m Backstroke	
50m Butterfly		50m Breaststroke	
100m Butterfly		100m Breaststroke	
200m Butterfly		200m Breaststroke	
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Number of events

Total Entry Fee

SportSystems Electronic Entries £5.75 & Long Distance Events £12.00. Individual Paper Paper Entries, £7.75 & Long Distance Events £14.00. Entries must be received by the closing date, Friday 28th October 2016.

CLUBS

Your Clubs Closing Date