



Date: 27/28th June 2015

Venue: Wigan Life centre,
WN1 1NJ

**Under ASA Laws and ASA Technical Rules.
Licensed meet level 3 (3NW150600)**

Entry fee £4.00 per event, to include the 15p license fee
All events H.D.W basis
Ages: Girls Individual 9, 10,11,12,13 +14/Over
Boys 9, 10, 11,12,13,14 +15/Over Age at 31/12/2015
Closing date for entries: Friday 29th May 2015
Entries to Mark Crouch; The Cottages, 18 Mixenden Lane Ends,
Halifax, HX2 0TU. Please note this will be a cardless meet
Entries will be restricted as per the upper & Lower Qualifying times
listed and will be on a first come first serve basis.
For Disk entries contact: or Telephone Mark Crouch on 07852352128
or, e-mail aquabearschiefcoach@yahoo.co.uk . Entry information is
also on the club web site at <http://aquabears.org.uk>

AQUABEARS OPEN SUMMER MEET 2015

PROGRAMME OF EVENTS FOR 2015

| SESSION 1: Saturday 27th June | | |
|---|-------|------------------------|
| Warm up 8.30am | | Start: 9.30am |
| 1 | Boys | 400m Individual Medley |
| 2 | Girls | 400m Freestyle |
| 3 | Boys | 100m Butterfly |
| 4 | Girls | 100m Breaststroke |
| 5 | Boys | 50m Breaststroke |
| 6 | Girls | 50m Backstroke |
| 7 | Boys | 200m Freestyle |

| SESSION 3: Sunday 28th June | | |
|---|-------|------------------------|
| Warm up 8.30am | | Start: 9.30am |
| 16 | Girls | 200m Individual Medley |
| 17 | Boys | 400m Freestyle |
| 18 | Girls | 100m Butterfly |
| 19 | Boys | 100m Breaststroke |
| 20 | Girls | 50m Breaststroke |
| 21 | Boys | 50m Backstroke |
| 22 | Girls | 200m Freestyle |

| SESSION 2: Saturday 27th June | | |
|---|-------|------------------------|
| Warm up: 1pm | | Start: 2pm |
| 8 | Girls | 400m Individual Medley |
| 9 | Boys | 200m Backstroke |
| 10 | Girls | 200m Breaststroke |
| 11 | Boys | 50m Butterfly |
| 12 | Girls | 50m Freestyle |
| 13 | Boys | 100m Freestyle |
| 14 | Girls | 100m Backstroke |
| 15 | Boys | 200m Butterfly |

| SESSION 4: Sunday 28th June | | |
|---|-------|------------------------|
| Warm up: 1pm | | Start: 2pm |
| 23 | Boys | 200m Individual Medley |
| 24 | Girls | 200m Backstroke |
| 25 | Boys | 200m Breaststroke |
| 26 | Girls | 50m Butterfly |
| 27 | Boys | 50m Freestyle |
| 28 | Girls | 100m Freestyle |
| 29 | Boys | 100m Backstroke |
| 30 | Girls | 200m Butterfly |



AQUABEARS OPEN SUMMER MEET 2015

To be held at Wigan Life Centre, College Avenue, Wigan, WN1 1NJ, on Sat 27th & Sun 28th June 2015 under license 3NW150600

COMPETITION RULES AND MEET INFORMATION

- FACILITIES:** Eight lane, 25 metre pool
Colorado electronic timing with display
- PROMOTER:** Aquabears of Rochdale S.C.
- RULES:** The meet will be held under ASA Laws and ASA Technical rules.
The ONE-START RULE will be in operation throughout the meet.
This meet is licensed by the A.S.A. at level 3 and is for swimmers intending to achieve County & Regional qualifying times. Swimmers must have achieved the lower qualifying times for each event and must not exceed the upper times as listed.
- INFORMATION:** Mark Crouch: The Cottages, 18 Mixenden Lane Ends, Halifax, HX2 0TU.
Tel: 07852352128. E-Mail aquabearschiefcoach@yahoo.co.uk
- AGE GROUPS:** Girls 9yrs,10yrs, 11yrs, 12yrs, 13yrs + 14yrs/Over
Boys 9yrs,10yrs, 11yrs, 12yrs, 13yrs, 14yrs + 15yrs/Over
Age as at 31st December 2015.
- ENTRIES:** Closing date for entries is Friday 29th May 2015.
All submitted times must be converted to 25 metres.
All entries must show the swimmers full date of birth and ASA registration number.
Entries will be restricted to first come first serve basis. Any club wishing to submit entries on disk should contact Mark Crouch. Completed entry forms to be returned to meet information address as above. Please also enclose an s.a.e. for the return of entry sheets and or cheques.
- ENTRY FEES:** £4.00 to include the 15pence license fee.
Cheques to be made payable to '**Friends of Aquabears**'. Or by Bank transfer to Santander Bank Sort code 05 04 64 Account: 55680739. Ref: Your home club name.
- AWARDS:** Awards will be given to the first three placed swimmers in each individual age group. Presentation to be made to all medallists. There will also be a top visiting club trophy awarded. Points scoring in events will be 6,5,4,3,2,1 for 1st, 2nd, 3rd, 4th, 5th, 6th places respectively.
- COACHES**
PASSES: £7.00 Per day or £13.00 for the weekend, to include admittance to poolside, programme, result sheets and lunch. Coaches without passes will be refused entry to the poolside. Please ensure full CRB details are completed on the summary sheet.
- ENTRY CARDS:** **Please note that this meet will be run as a cardless meet.** Any swimmer not competing in an event should notify the meet desk 45mins prior to the start of the session.
- SEEDING:** All events are Heat Declared Winner (HDW), heats being seeded, slowest to fastest, based on the submitted entry times.
- ELECTRONIC**
SCOREBOARD: Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result. The Referee's decision is final.

Any points not covered to be at the discretion of the Meet Director