



Future Stars 9th Open Meet

Inspiring healthy lifestyles

<http://wiganbest.com/futurestars>

Friday 15th November 2019

SESSION 1

Warm Up 7:00pm
Start 7:15am

Event Order

101 - Girls 800m Freestyle
102 - Boys 1500m Freestyle

Saturday 16th November 2019

SESSION 2

Warm Up 8:00am
Start 8:15am

Event Order

201 - Boys 400m Freestyle
202 - Girls 400m IM

SESSION 3

Warm Up 9:30am
Start 10:15am

Event Order

301 - Girls 13/O 200m Butterfly
302 - Boys 13/O 200m Butterfly
303 - Girls 9-12 200m Backstroke
304 - Boys 9-12 200m Backstroke
305 - Girls 13/O 50m Breaststroke

306 - Boys 13/O 50m Breaststroke
307 - Girls 9-12 50m Freestyle
308 - Boys 9-12 50m Freestyle
309 - Girls 10/O 100m Breaststroke
310 - Boys 10/O 100m Breaststroke
311 - Girls 13/O 200m IM

SESSION 4

Warm Up TBC
Start 2:15pm

Event Order

401 - Boys 13/O 200m IM
402 - Girls 9-12 200m Butterfly
403 - Boys 9-12 200m Butterfly
404 - Girls 13/O 50m Butterfly
405 - Boys 13/O 50m Butterfly
406 - Girls 9-12 50m Butterfly

407 - Boys 9-12 50m Butterfly
408 - Girls 10/O 100m Backstroke
409 - Boys 10/O 100m Backstroke
410 - Girls 13/O 200m Freestyle
411 - Boys 13/O 200m Freestyle
412 - Girls 9/O 100m IM
413 - Boys 9/O 100m IM

Sunday 17th November 2019

SESSION 5

Warm Up 8:00am
Start 8:15am

Event Order

501 - Girls 400m Freestyle
502 - Boys 400m IM

SESSION 6

Warm Up 9:30am
Start 10:15am

Event Order

601 - Boys 9-12 200m Breaststroke
602 - Girls 9-12 200m Breaststroke
603 - Boys 13/O 50m Freestyle
604 - Girls 13/O 50m Freestyle
605 - Boys 9-12 50m Backstroke

606 - Girls 9-12 50m Backstroke
607 - Boys 13/O 200m Backstroke
608 - Girls 13/O 200m Backstroke
609 - Boys 10/O 100m Butterfly
610 - Girls 10/O 100m Butterfly
611 - Boys 9-12 200m Freestyle

SESSION 7

Warm Up TBC
Start 2:15pm

Event Order

701 - Girls 9-12 200m Freestyle
702 - Boys 13/O 50m Backstroke
703 - Girls 13/O 50m Backstroke
704 - Boys 9-12 200m IM
705 - Girls 9-12 200m IM

706 - Boys 13/O 200m Breaststroke
707 - Girls 13/O 200m Breaststroke
708 - Boys 9-12 50m Breaststroke
709 - Girls 9-12 50m Breaststroke
710 - Boys 10/O 100m Freestyle
711 - Girls 10/O 100m Freestyle



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BOYS

Consideration & Qualifying Times

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9
100m Freestyle		1:23.0	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8
400m Freestyle	7:20.6	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5
1500m Freestyle		26:08.9	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1
50m Breaststroke	55.1	51.3	48	45.1	41.9	39.6	37.7
100m Breaststroke		1:48.5	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8
50m Butterfly	47.4	43.8	41	38.8	36.4	34.3	32.5
100m Butterfly		1:34.5	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5
50m Backstroke	48.6	45.1	42.5	40.3	37.6	35.8	33.9
100m Backstroke		1:33.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3
100m Individual Medley	1:47.4	1:39.6	1:33.9	1:28.7	1:23.1	1:18.1	1:14.7
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2
400m Individual Medley	8:15.6	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6

GIRLS

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5
100m Freestyle		1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2
400m Freestyle	7:25.4	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8
800m Freestyle		13:17.4	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5
50m Breaststroke	55.9	51.7	48.3	45.4	43.2	41.8	40.8
100m Breaststroke		1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
50m Butterfly	47.9	43.9	41.3	39.1	37.3	36.1	35.2
100m Butterfly		1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
50m Backstroke	48.9	45.3	42.7	40.5	38.7	37.5	36.8
100m Backstroke		1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8
100m Individual Medley	1:48.8	1:38.5	1:34.2	1:29.1	1:24.9	1:22.6	1:20.9
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5
400m Individual Medley	8:12.3	7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8