**Lancashire County Water Polo and Swimming Association Age Groups and Championships 2020 Programme of Events**

**Please note revised dates**

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| **Day 1 AM** | **Manchester** | **11 January 2020** | **Warm up TBC** | **Day 1 PM** | **Manchester** | **11 January 2020** | **Warm up TBC** |
| Event 101 | Female | 800m Freestyle HDW | Age 12/ Over | Event 151 | Female | 200m Backstroke HDW | Age 10/11 Over |
| 102 | Male | 200m Breaststroke HDW | Age 10/11 Over | 152 | Male | 100m Butterfly Heats | Age 10/11 Over |
|  |  |  |  | 153 | Female | 400m Ind. Medley HDW | Age 12/ Over |
|  |  |  |  | 154-160 | Male | 100m Butterfly Finals | Age 10/11 Over |

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| **Day 2 AM** | **Manchester** | **12 Januaryy 2020** | **Warm up TBC** | **Day 2 PM** | **Manchester** | **12 January 2020** | **Warm up TBC** |
| Event 201 | Male | 1500m Freestyle HDW | Age 12/ Over | Event 251 | Male | 200m Backstroke HDW | Age 10/11 Over |
| 202 | Female | 200m Breaststroke HDW | Age 10/11 Over | 252 | Female | 100m Butterfly Heats | Age 10/11 Over |
|  |  |  |  | 253 | Male | 400m Ind. Medley HDW | Age 12/ Over |
|  |  |  |  | 254-260 | Female | 100m Butterfly Finals | Age 10/11 Over |

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| **Day 3 AM** | **Manchester** | **25 January 2020** | **Warm up TBC** | **Day 3 PM** | **Manchester** | **25 January 2020** | **Warm up TBC** |
| Event 301 | Female | 50m Backstroke | Age 10-11/ Over | Event 351 | Female | 50m Butterfly | Age 10-11/ Over |
| 302 | Male | 100m Freestyle | Age 10-11/ Over | 352 | Male | 100m Breaststroke | Age 10-11/ Over |
| 303 | Female | 200m Ind. Medley HDW | Age 10/11 Over | 353 | Female | 400m Freestyle HDW | Age 10/11 Over |
| 304-310 | Male | 100m Freestyle Finals | Age 10/11 Over | 354-360 | Male | 100m Breaststroke Finals | Age 10/11 Over |  |  | 411-417 | Female |
| 311-317 | Female | 50 Backstroke Finals | Age 10/11 Over | 361-367 | Female | 50m Butterfly Finals | Age 10/11 Over |  | 411-417 | Female |

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| **Day 4 AM** | **Manchester** | **26 January 2020** | **Warm up TBC** | **Day 4 PM** | **Manchester** | **26 January 2020** | **Warm up TBC** |
| Event 401 | Male | 50m Backstroke | Age 10/11 Over | Event 451 | Male | 50m Butterfly | Age 10/11 Over |
| 402 | Female | 100m Freestyle | Age 10/11 Over | 452 | Female | 100m Breaststroke | Age 10/11 Over |
| 403 | Male | 200m Ind. Medley HDW | Age 10/11 Over | 453 | Male | 400m Freestyle HDW | Age 10/11 Over |
| 404-410 | Female | 100m Freestyle Finals | Age 10/11 Over | 454-460 | Female | 100m Breaststroke Finals | Age 10/11 Over |
| 411-417 | Male | 50 Backstroke Finals | Age 10/11 Over | 461-467 | Male | 50m Butterfly Finals | Age 10/11 Over |  |  | 411-417 | Female |

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| **Day 5 AM** | **Manchester** | **8 February 2020** | **Warm up TBC** | **Day 5 PM** | **Manchester** | **8 February 2020** | **Warm up TBC** |
| Event 501 | Female | 50m Breaststroke Heats | Age 10/11 Over | Event 551 | Male | 50m Freestyle Heats | Age 10/11 Over |
| 502 | Male | 200m Freestyle HDW | Age 10/11 Over | 552 | Female | 100m Backstroke Heats | Age 10/11 Over |
| 503 | Female | 1500m Freestyle HDW | Age 12/ Over | 553 | Male | 200m Butterfly HDW | Age 10/11 Over |
| 504-510 | Female | 50m Breaststroke Finals | Age 10/11 Over | 554-560 | Female | 100m Backstroke Finals | Age 10/11 Over |
|  |  |  |  | 561-567 | Male | 50m Freestyle Finals | Age 10/11 Over |

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| **Day 6 AM** | **Manchester** | **9 February 2020** | **Warm up TBC** | **Day 6 PM** | **Manchester** | **9 February 2020** | **Warm up TBC** |
| 601 | Male | 50m Breaststroke Heats | Age 10/11 Over | Event 651 | Female | 50m Freestyle Heats | Age 10/11 Over |
| 602 | Female | 200m Freestyle HDW | Age 10/11 Over | 652 | Male | 100m Backstroke Heats | Age 10/11 Over |
| 603 | Male | 800m Freestyle HDW | Age 12/ Over | 653 | Female | 200m Butterfly HDW | Age 10/11 Over |
| 604-610 | Male | 50m Breaststroke Finals | Age 10/11 Over | 654-660 | Male | 100m Backstroke Finals | Age 10/11 Over |
|  |  |  |  | 661-667 | Female | 50m Freestyle Finals | Age 10/11 Over |