

## PROGRAMME OF EVENTS:

<b>SESSION 1</b> <b>WARM UP: 8.00am</b> <b>START: 9.00am</b>		<b>SESSION 2</b> <b>WARM UP: TBC</b> <b>START: TBC</b>	
<u>101</u>	<u>BOYS 200 IM</u>	<u>201</u>	<u>BOYS 200 FC</u>
<u>102</u>	<u>GIRLS 200 FC</u>	<u>202</u>	<u>GIRLS 200 IM</u>
<u>103</u>	<u>BOYS 100 FLY</u>	<u>203</u>	<u>BOYS 50 BK</u>
<u>104</u>	<u>GIRLS 100 FLY</u>	<u>204</u>	<u>GIRLS 50 BK</u>
<u>105</u>	<u>BOYS 50 BRST</u>	<u>205</u>	<u>BOYS 100 BRST</u>
<u>106</u>	<u>GIRLS 50 BRST</u>	<u>206</u>	<u>GIRLS 100 BRST</u>
<u>107</u>	<u>BOYS 100 BK</u>	<u>207</u>	<u>BOYS 50 FLY</u>
<u>108</u>	<u>GIRLS 100 BK</u>	<u>208</u>	<u>GIRLS 50 FLY</u>
<u>109</u>	<u>BOYS 100 FC</u>	<u>209</u>	<u>BOYS 50 FC</u>
<u>110</u>	<u>GIRLS 50 FC</u>	<u>210</u>	<u>GIRLS 100 FC</u>
<u>111</u>	<u>MIXED 13/U MEDLEY RELAY</u>	<u>211</u>	<u>MIXED 13/U FC RELAY</u>
<u>112</u>	<u>MIXED 15/U FC RELAY</u>	<u>212</u>	<u>MIXED 15/U MEDLEY RELAY</u>
<u>113</u>	<u>MIXED OPEN MEDLEY RELAY</u>	<u>213</u>	<u>MIXED OPEN FC RELAY</u>