

DATE	Warm Up:	Start:
28 th Oct '23	TBC - morning	TBC - morning
Session 1	Age	Event
Event 101	Female 9 & Over	200IM
Event 102	Male/Open 9 & Over	50 Butterfly
Event 103	Female 9 & Over	50 Breaststroke
Event 104	Male/Open 9 & Over	200 Breaststroke
Event 105	Female 9 & Over	200 Butterfly
Event 106	Male/Open 9 & Over	100 Backstroke
Event 107	Female 9 & Over	100 Freestyle
FINALS		
Event 108	Male/Open 9 &10yrs	50 Butterfly
Event 109	Male/Open 11 &12yrs	50 Butterfly
Event 110	Male/Open 13 &14yrs	50 Butterfly
Event 111	Male/Open 15yrs & Over	50 Butterfly
Event 112	Female 9 &10yrs	50 Breaststroke
Event 113	Female 11 &12yrs	50 Breaststroke
Event 114	Female 13 &14yrs	50 Breaststroke
Event 115	Female 15yrs & Over	50 Breaststroke

DATE	Warm Up:	Start:
28 th Oct '23	TBC - afternoon	TBC - afternoon
Session 2	Age	Event
Event 201	Male/Open 9 & Over	200 Freestyle
Event 202	Female 9 & Over	50 Freestyle
Event 203	Male/Open 9 & Over	50 Backstroke
Event 204	Female 9 & Over	200 Backstroke
Event 205	Male/Open 9 & Over	100 Butterfly
Event 206	Female 9 & Over	100 Breaststroke
FINALS		
Event 207	Male/Open 9 &10yrs	50 Backstroke
Event 208	Male/Open 11 &12yrs	50 Backstroke
Event 209	Male/Open 13 &14yrs	50 Backstroke
Event 210	Male/Open 15yrs & Over	50 Backstroke
Event 211	Female 9 &10yrs	50 Freestyle
Event 212	Female 11 &12yrs	50 Freestyle
Event 213	Female 13 &14yrs	50 Freestyle
Event 214	Female 15yrs & Over	50 Freestyle



DATE	Warm Up:	Start:
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Session 3	Age	Event
Event 301	Male/Open 9 & Over	200IM
Event 302	Female 9 & Over	50 Butterfly
Event 303	Male/Open 9 & Over	50 Breaststroke
Event 304	Female 9 & Over	200 Breaststroke
Event 305	Male/Open 9 & Over	200 Butterfly
Event 306	Female 9 & Over	100 Backstroke
Event 307	Male/Open 9 & Over	100 Freestyle
FINALS		
Event 308	Female 9 &10yrs	50 Butterfly
Event 309	Female 11 &12yrs	50 Butterfly
Event 310	Female 13 &14yrs	50 Butterfly
Event 311	Female 15yrs & Over	50 Butterfly
Event 312	Male/Open 9 &10yrs	50 Breaststroke
Event 313	Male/Open 11 &12yrs	50 Breaststroke
Event 314	Male/Open 13 &14yrs	50 Breaststroke
Event 315	Male/Open 15yrs & Over	50 Breaststroke

DATE 29 th Oct	Warm Up: TBC - afternoon	Start: TBC -
′23	TBC - alternoon	afternoon
Session 4	Age	Event
Event 401	Female 9 & Over	200 Freestyle
Event 402	Male/Open 9 & Over	50 Freestyle
Event 403	Female 9 & Over	50 Backstroke
Event 404	Male/Open 9 & Over	200 Backstroke
Event 405	Female 9 & Over	100 Butterfly
Event 406	Male/Open 9 & Over	100 Breaststroke
FINALS		
Event 407	Female 9 &10yrs	50 Backstroke
Event 408	Female 11 &12yrs	50 Backstroke
Event 409	Female 13 &14yrs	50 Backstroke
Event 410	Female 15yrs & Over	50 Backstroke
Event 411	Male/Open 9 &10yrs	50 Freestyle
Event 412	Male/Open 11 &12yrs	50 Freestyle
Event 413	Male/Open 13 &14yrs	50 Freestyle
Event 414	Male/Open 15yrs & Over	50 Freestyle