

# **Burnley Bobcats “Last Chance for County Qualifier” 2025**

**Licence No. 3NW250034**

**3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> January 2025**

## **Warm-Up Schedule**

### **Session 1 – Friday 3rd January 2025; Start at 6.30pm**

6.00pm – 6.25pm All Swimmers

### **Session 2 – Sat 4th Jan - 7.40am to 8.55am; Start at 9.00am**

7.40am to 7.55am	Open/Male	9 to 12 Yrs
7.55am to 8.10am	Open/Male	13 Yrs and over
8.10am to 8.25am	Female	9 to 11 Yrs
8.25am to 8.40am	Female	12 to 13 Yrs
8.40am to 8.55am	Female	14 Yrs and over

### **Session 3 – Sat 5th Jan - 12.55 pm to 2.10 pm; Start at 2.15pm**

12.55pm to 1.10pm	Female	9 to 11 Yrs
1.10pm to 1.25pm	Female	12 to 13 Yrs
1.25pm to 1.40pm	Female	14 Yrs and over
1.40pm to 1.55pm	Open/Male	9 to 12 Yrs
1.55pm to 2.10pm	Open/Male	13 Yrs and over

### **Session 4 – Sun 6th Jan - 7.40am to 8.55am; Start at 9.00am**

7.40am to 7.55am	Female	9 to 11 Yrs
7.55am to 8.10am	Female	12 to 13 Yrs
8.10am to 8.25am	Female	14 Yrs and over
8.25am to 8.40am	Open/Male	9 to 12 Yrs
8.40am to 8.55am	Open/Male	13 Yrs and over

### **Session 5 – Sun 6th Jan - 12.55 pm to 2.10pm; Start at 2.15pm**

12.55pm to 1.10pm	Open/Male	14 Yrs and over
1.10pm to 1.25pm	Open/Male	11 to 13 Yrs
1.25pm to 1.40pm	Open/Male	9 to 10 Yrs
	Female	9 to 10 Yrs
1.40pm to 1.55pm	Female	11 to 12 Yrs
1.55pm to 2.10pm	Female	13 Yrs and over

At some stage in each warm up sprint lanes will be made available

Coaches – Please supervise your swimmers during the warm ups