

SUNDAY MORNING WARMUPS FEMALES

WARM UP 1 = 08.10AM TO 08.25AM

Aquabears Fleetwood Howe Bridge Skipton	LANES 1,2,3,4
Atherton & Leigh Chorley Marlins Northwich Tyldesley Warrington	LANES 5,6,7,8

WARM UP 2 = 08.25AM TO 08.40AM

Ashton Central Formby Hindley ORCA Wigan	LANES 1,2,3,4
Blackburn Centurions Bury and Elton City Of Manchester Ramsbottom	LANES 5,6,7,8