



Event	Distance	<u>Female Lower Consideration Times (25m Short Course)</u>							16/Ov
		9	10	11	12	13	14	15	
Freestyle	50m	49.00	44.00	42.00	37.00	36.00	35.00	34.00	34.00
	100m	1.36.00	1.30.00	1.24.00	1.20.00	1.17.00	1.15.00	1.13.00	1.13.00
	200m	3.26.00	3.20.00	3.02.00	2.51.00	2.44.00	2.41.00	2.39.00	2.39.00
	400m			6.25.00	5.57.00	5.42.00	5.32.00	5.27.00	5.27.00
Backstroke	50m	55.00	50.00	47.00	44.00	42.00	39.00	37.00	37.00
	100m	1.50.00	1.41.00	1.36.00	1.30.00	1.25.00	1.23.00	1.20.00	1.20.00
	200m	3.48.00	3.41.00	3.25.00	3.12.00	3.00.00	2.56.00	2.53.00	2.53.00
Breaststroke	50m	1.02.00	58.00	52.00	48.00	46.00	44.00	42.00	42.00
	100m	2.01.00	1.54.00	1.49.00	1.41.00	1.36.00	1.33.00	1.31.00	1.31.00
	200m	4.22.00	4.16.00	3.54.00	3.38.00	3.25.00	3.19.00	3.16.00	3.16.00
Butterfly	50m	53.00	48.00	45.00	43.00	41.00	38.00	36.00	36.00
	100m	1.50.00	1.42.00	1.36.00	1.30.00	1.26.00	1.23.00	1.20.00	1.20.00
	200m	4.12.00	3.57.00	3.34.00	3.17.00	3.06.00	3.00.00	2.57.00	2.57.00
Individual Medley	100m	2.06.00	1.55.00	1.45.00	1.36.00	1.32.00	1.28.00	1.25.00	1.25.00
	200m	4.12.00	3.50.00	3.27.00	3.13.00	3.04.00	2.59.00	2.57.00	2.57.00
	400m			7.52.00	7.31.00	6.50.00	6.18.00	6.16.00	6.16.00



Event	Distance	<u>Open/Male Lower Consideration Times (25m Short Course)</u>							16/Ov
		9	10	11	12	13	14	15	
Freestyle	50m	47.00	44.00	42.00	39.00	38.00	37.00	36.00	36.00
	100m	1.40.00	1.35.00	1.30.00	1.22.00	1.16.00	1.10.00	1.08.00	1.08.00
	200m	3.35.00	3.29.00	3.09.00	2.59.00	2.42.00	2.32.00	2.27.00	2.27.00
	400m			6.39.00	6.05.00	5.40.00	5.22.00	5.15.00	5.15.00
Backstroke	50m	55.00	50.00	46.00	43.00	41.00	39.00	37.00	37.00
	100m	1.55.00	1.47.00	1.36.00	1.33.00	1.26.00	1.20.00	1.17.00	1.17.00
	200m	3.57.00	3.50.00	3.31.00	3.14.00	2.59.00	2.50.00	2.43.00	2.43.00
Breaststroke	50m	1.02.00	59.00	54.00	49.00	47.00	44.00	42.00	42.00
	100m	2.02.00	1.55.00	1.45.00	1.41.00	1.33.00	1.26.00	1.24.00	1.24.00
	200m	4.30.00	4.24.00	4.04.00	3.41.00	3.24.00	3.12.00	3.09.00	3.09.00
Butterfly	50m	52.00	48.00	44.00	42.00	40.00	37.00	35.00	35.00
	100m	1.51.00	1.42.00	1.33.00	1.30.00	1.21.00	1.15.00	1.13.00	1.13.00
	200m	4.14.00	4.03.00	3.39.00	3.24.00	3.03.00	2.50.00	2.47.00	2.47.00
Individual Medley	100m	2.06	1.55.00	1.47.00	1.39.00	1.30.00	1.26.00	1.24.00	1.24.00
	200m	4.12.00	3.55.00	3.35.00	3.18.00	3.02.00	2.52.00	2.48.00	2.48.00
	400m			7.19.00	6.50.00	6.36.00	6.27.00	6.15.00	6.15.00