

SESSION ONE SATURDAY 19 th DECEMBER 2026 – Start Time TBC				SESSION TWO SATURDAY 19 th DECEMBER 2026 – Start Time TBC			
101	Female	11/Ov	400m Freestyle	201	Open	11/Ov	400m Freestyle
102	Open	9/Ov	50m Freestyle	202	Female	11/Ov	200m Butterfly
103	Female	9/Ov	50m Butterfly	203	Open	9/Ov	200m Breaststroke
104	Open	9/Ov	100m Butterfly	204	Female	9/Ov	50m Backstroke
105	Female	9/Ov	200m Backstroke	205	Open	9/Ov	100m Freestyle
106	Open	9/Ov	200m Backstroke	206	Female	9/Ov	200m Freestyle
107	Female	9/Ov	100m Breaststroke	207	Open	9/Ov	50m Breaststroke
108	Open	9/Ov	200m Individual Medley				
SESSION THREE SUNDAY 20 th DECEMBER 2026 – Start Time TBC				SESSION FOUR SUNDAY 20 th DECEMBER 2026 – Start Time TBC			
301	Open	11/Ov	400m Individual Medley	401	Female	11/Ov	400m Individual Medley
302	Female	9/Ov	100m Butterfly	402	Open	11/Ov	200m Butterfly
303	Open	9/Ov	100m Backstroke	403	Female	9/Ov	200m Breaststroke
304	Female	9/Ov	50m Freestyle	404	Open	9/Ov	50m Backstroke
305	Open	9/Ov	50m Butterfly	405	Female	9/Ov	100m Freestyle
306	Female	9/Ov	100m Backstroke	406	Open	9/Ov	200m Freestyle
307	Open	9/Ov	100m Breaststroke	407	Female	9/Ov	50m Breaststroke
308	Female	9/Ov	200m Individual Medley				